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*Your guide to news and activities for the City of West Des Moines*

# WDM magazine

Issue 47 | Winter/Spring 2019



6

New Sports  
Facility  
Coming Soon

14

WDM Wins  
Inaugural "Battle  
of the 'Burbs"

p1

WDM Parks  
& Recreation



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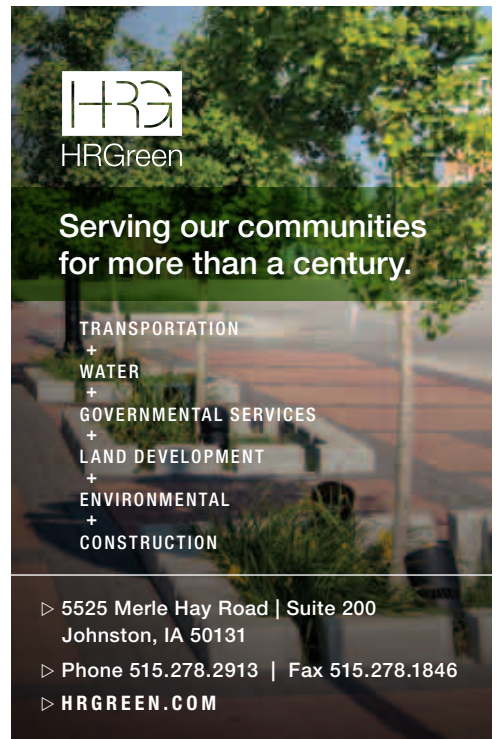


*WELCOME to the WDM Magazine...  
The City of West Des Moines' premier  
communication sent to over 31,000 homes  
and businesses throughout the City.*

*The WDM Magazine is published three  
times per year to highlight city news and  
information as well as community events  
and programming available through WDM  
Parks and Recreation, the WDM Library,  
and WDM Human Services.*

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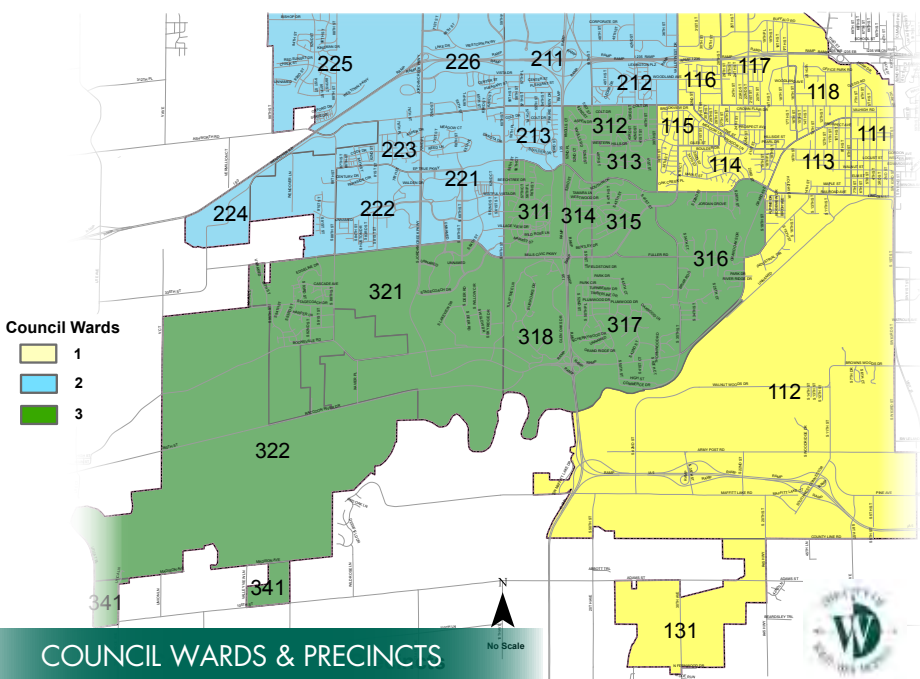
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**Deputy City Manager**  
Jamie Letzring  
222-3610



**City Attorney**  
Richard J. Scieszinski  
222-3614



## THE MAYOR'S COLUMN

The final results of our most recent citizen survey have arrived, and I'm pleased that West Des Moines continues to set the standard nationally for the delivery of city services!

Our community ranks 41 percent higher than the national average for overall quality of services provided, and we rank above the national average in 50 of 51 factors that the survey measured.

It's clear that our residents continue to have an extremely positive perception of our city. In fact, 94 percent are satisfied with the quality of life in West Des Moines and 90 percent are satisfied with the overall quality of services provided by the city.

As a taxpayer, you can be proud that West Des Moines earned such high ratings. It demonstrates that your elected leaders and city staff are managing resources effectively and listening to you about the quality and type of services you expect from us.

Our community's survey results far exceed other cities with respect to satisfaction with public safety, parks and recreation programs and facilities, library services, maintenance, customer care and communication with the public. We also learned our residents are confident that West Des Moines is a safe community with excellent police, fire and emergency medical services.

For the last 16 years, ETC Institute (a leader in market research for local government) has conducted surveys for us every two years. We use the information that the institute gathers to enhance our performance and make sure we're paying attention to the things that matter to you.

This year, 564 people from all areas of the city completed a written or online survey. Our sample size generated a 95-percent confidence

level in our results with a margin of error of +/- 4.1 percent.

Representatives from ETC Institute have recommended that we work on areas of high importance to our residents, such as the flow of traffic and congestion management. Despite that fact that our negative ratings in this area are low, we have been seeing improvements with each survey and we know we need to keep this top of mind as we manage active development in four counties.

It's a major challenge to manage services effectively and cost efficiently with our city now covering parts of four counties and receiving millions of visitors each year. Our survey results are especially meaningful because ETC Institute was able to get a representative sample from the entire West Des Moines area.

I want to thank our city staff for all they do to make things run smoothly for you and all our residents. Like any business, we could have the greatest policies and procedures, but if we didn't have quality people implementing them, we'd never get such positive results.

I've said for years that I would put our city's employees up against anybody in this business. The latest results, like past surveys, validate my respect and appreciation for them and the great job they're doing.

If you would like more information about our citizen survey, visit our website at [www.wdm.iowa.gov/citizensurvey](http://www.wdm.iowa.gov/citizensurvey).

**Mayor Steven K. Gaer**

## FROM THE CITY MANAGER



An entire team of enthusiastic and dedicated individuals has been working to address a community and regional need for a year-round sports facility for central Iowans. This amazing indoor facility will fill a need for our young athletes and provide additional space for adult league sports, trade shows and events.

By the time you receive this magazine, you may have already heard that this new facility, called the MidAmerican Energy RecPlex, is about to become a reality in West Des Moines!

The driving force fueling our success is a public/private partnership that will blend public funds with private donations to pay for the design and construction of this \$29 million facility. As this magazine goes to press, we're already very close to having nearly \$10 million committed from the private sector to fund this project.

The support we're receiving from the community demonstrates the momentum and demand that is driving this special project. The remaining funds needed to construct the facility will come from Hotel Motel Tax money, which is designed to fund initiatives that draw visitors to our community.

The wonderful thing about using Hotel Motel tax money is that it takes existing visitor dollars and returns their economic impact directly to our City. We know for a fact that Jordan Creek Town Center attracts about 24 million visitors a year, so all the people who shop at our stores, dine in our restaurants and use our roads and public safety services are actually helping us create another vital facility for the area.

Our residents should know that we will not be increasing property taxes to build, operate or staff this complex. Local developers and not-for-profit sports organizations have been working with us and signing long-term agreements that ensure continued support for the RecPlex, which means we'll be immediately self-sufficient and sustainable. Strong backing from the community makes this facility unique, and as word spreads, our list of organizations that commit to using and supporting this facility will no doubt expand.

The proposed 60-acre project site is located along the south side of Grand Avenue and east of Jordan Creek Parkway, so it's ideally situated only 2.3 miles south of Jordan Creek Town Center and 1.6 miles west of Interstate 35.



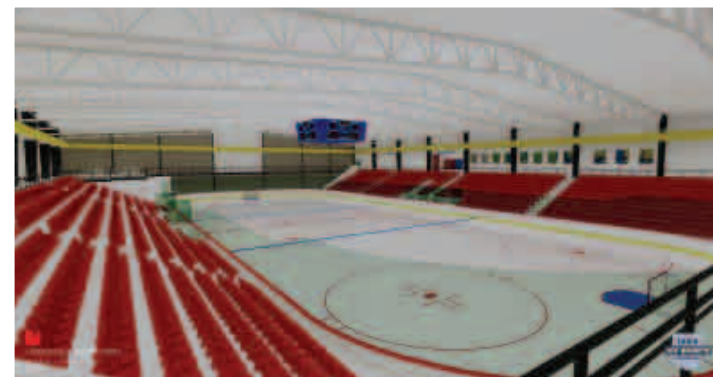
# REC PLEX

Current plans call for two ice hockey rinks with seating for up to 2,000 people and three indoor soccer fields

with synthetic turf. We'll also have court sports, such as basketball and volleyball. Site amenities include 5 full-sized outdoor soccer fields as well as meeting and exhibit space and onsite parking for up to 800 vehicles.

When you look at the data, it's amazing the number of kids, families, coaches and spectators involved in youth soccer, hockey, football and court sports. Youth sports are growing at a rate of 20 percent annually, which is wonderful because we know that involving kids in sports has a life-long positive impact on their lives.

The entire youth sports tourism movement is a force to be reckoned with, and the MidAmerican Energy RecPlex will provide a great venue for sports and tournaments, as well as a much needed facility for smaller conventions, trade shows and corporate gatherings.



We've learned that nothing is impossible if you get the right group of people together. This facility benefits not only our kids, but the whole community by providing a huge sustainable boost to our local economy.

It's been exciting to work on a project that meets so many needs and keeps strong economic activity in Central Iowa. It's a huge win for the entire region.

*Tom Hadden*

**Tom Hadden**

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# Carol Grant

## WDM LIBRARY BOARD OF TRUSTEES



Meet Carol Grant, a newly appointed member of the West Des Moines Library Board of Trustees. Carol was employed by the American Red Cross for nearly 30 years, and she is passionate about our library and how it serves our community. Welcome, Carol!

### Are you originally from West Des Moines?

No. I moved here in 1992 when I took the local Red Cross job. I'm originally from Davenport, and that's where I grew up and spent my early married life with my husband, Jerry. We moved with the Red Cross to Cedar Rapids, where my two children, Genevieve and Neil, graduated from high school.

### Why did you want to serve on the Library Board?

I've been with the Friends of the WDM Library for about 5 years. I just resigned from that board when I was appointed as a trustee. I enjoyed working with the Friends group a great deal, and I'm interested in taking my involvement to the next level.

### Why is their work important to the community?

Libraries are critically important. I'm a heavy user of the WDM library – I'm in 3 book clubs and I'm there often as a patron so I see all the activities they provide, in addition to books, for children and adults. One of the hallmarks of a truly great community is a really great library. To be involved in something important to the health of a community is an honor and a privilege.

### Do you volunteer in other organizations?

I'm currently on the board of a nonprofit called CultureALL, which brings people from diverse backgrounds into classrooms,

community events and businesses for authentic, interactive learning experiences. These activities help promote understanding and appreciation of cultural diversities which can often be divisive. This kind of classroom work and the work they do with adults is important. I thoroughly enjoy other cultural experiences. I've also served for five years on the Iowa Capitol Planning Commission.

### What benefits have you received from volunteering?

I get a lot of personal satisfaction from my involvement and what is accomplished through volunteer efforts. Since I retired, my volunteer work has helped me stay connected with the community.

### What is your day job?

I am gloriously retired from nonprofit management! I spent nearly 30 years with the American Red Cross. I headed up the Central Iowa Chapter from 1992 – 2004, and then I spent four years as a Vice President in the Red Cross headquarters in Washington, D.C. I loved Washington, D.C., and it was a great personal and professional opportunity. When I returned to Iowa, I worked as the Executive Director of Iowa Sister States.

### What do you do in your spare time?

I enjoy reading, genealogy, and I love to garden. I also have taken up portraiture creativity, working in pastel. All four of my exceptional grandchildren live in the metro, and they take up some of my time and that's exactly what I want!

### What is something people don't know about you?

Earlier this year, I was honored to be appointed as Honorary Consul of Japan for the state of Iowa.

The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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# EYE ON WEST DES MOINES WINNERS ANNOUNCED!

Thank you for entering this year's Eye on West Des Moines Photo Contest. The judging has been completed and the winners have been determined.

We will be offering this contest again next year, so keep shooting those pictures and send us your entries as you collect them!

For complete details and rules, interested photographers can call **515-222-3441** or email **Mark.Brewick@wdm.iowa.gov**.

## BEST OF SHOW WINNER

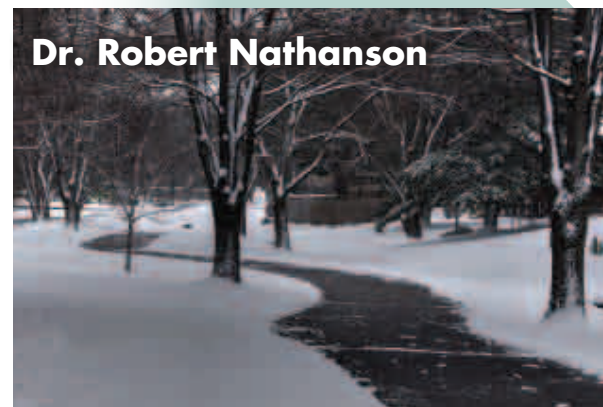


**Stefanie Curry**

*WDM Holiday Park swim lessons*

## CATEGORY WINNERS

### Seasons in WDM



**Dr. Robert Nathanson**

*Trail Between Crossroads Park and Knolls Park in Wintertime*

## CATEGORY WINNERS

### Living - Wildlife



**Kim Heinbuch**

*Ollie*

### Living - Plants



**Ruth Hummel**

*Raggedy Flowers*

### Living - Activities/Events



**LaMont Copeland**

*2018 Cinco de Mayo Festival*



## Some departments will relocate during City Hall renovations



Beginning in November, crews will start renovating City Hall and overhauling the building's 17-year-old heating and cooling system. While crews are working, office space will be reconfigured and remodeled, and security upgrades will be incorporated into the project.

Work will be completed in phases in various areas of the building. West Des Moines Water Works employees will move in late October to the A.C. Ward Municipal Water Treatment Plant at 1505 Railroad Avenue.

The City's IT Department and Development Services will move temporarily to the first floor of the WDM Public Library (in the old Library Café space).

In addition, Engineering Services will move temporarily to the City Hall breakroom and training room in the center of the building on the second floor.

Visit [www.wdm.iowa.gov](http://www.wdm.iowa.gov) for more information. All three phases of work should be completed by the end of 2019.

## Now available: Sign up on our website to receive text messages!

If you would like to receive a text message (also known as an SMS message) when the City issues an emergency snow parking ban in West Des Moines, or any other meeting notices or news, you're in luck!

Just visit our website at [www.wdm.iowa.gov/eNotification](http://www.wdm.iowa.gov/eNotification) and enter your email address, your first and last name, and your cell phone number (for text/SMS messages). Please note that standard message rates may apply.

Then click on the appropriate icon next to the item or items you would like to be notified about via email and/or text (SMS) message. Our website features notifications under four categories: Calendar Items, Job Posts, News and RFP Posts. Snow emergency parking ban messages are listed under the News Category as Snow Emergency.

After entering your preferences, scroll down to the bottom, enter the verification code, click SUBMIT and you're done. eNotification preferences may be changed at any time, so give it a try and stay informed!



## THE FUTURE OF WDM IS IN THE MAKING...



*The comprehensive plan is the blueprint for shaping our community*

**BE AN ACTIVE PARTICIPANT  
SHARE YOUR IDEAS!**

*- Connect via the website and social media -  
Register today*

**[WWW.OURWDM.COM](http://WWW.OURWDM.COM)**



THE CITY OF WEST DES MOINES COMPREHENSIVE PLAN

## West Des Moines Wins Inaugural “Battle of the ‘Burbs”

By Robert Palmer and Tom Cox, WDMCF Board

A championship belt with enough bling to make a welterweight weep wound up around the waist of West Des Moines’ towering City Manager, Tom Hadden, this past July. Hadden accepted the WWF-style award belt on behalf of the winning number of registered runners from his city at the NCMIC sponsored “Battle of the ‘Burbs” road races.

The 10K and 5K races, and a kids’ fun run, were held on a mid-summer day (July 28) that saw West Des Moines score more registrations than the competing suburbs of Clive and Waukee at this first-ever event. In the process, West Des Moines athletes earned \$5,400 for their Community Foundation.

“It’s a big belt, but an even bigger win for West Des Moines and our Community Foundation,” said Hadden.

The “Summer Breeze Run – Battle of the ‘Burbs” was the idea of Clive-based NCMIC, a national insurance and finance company, to bring together runners from the trio of western suburbs in support of their community foundations. NCMIC took care of the infrastructure and event planning, while the cities and their foundations drummed up runners.

Clive had home field advantage with the race winding through a challenging course in the Country Club Lake neighborhood, just north of University Avenue.

By helping to draw the most registrants from its city, the West Des Moines Community Foundation received a first-place check for \$5,400, and our city leaders got to take the big belt back to City Hall. This family-friendly event generated more than \$24,000 to directly benefit area nonprofits. No one went away empty-handed, including

the other community foundations, who received runner-up donations.

The West Des Moines Community Foundation wishes to thank the runners, sponsors and everyone who helped spread the word about this event. A HUGE thank you also goes out to NCMIC for their generosity and hard work.

This summer’s Battle of the ‘Burbs was a fun event that will help to promote our goals in the years to come. Let’s make sure West Des Moines has another great showing next summer!

**Mark your calendars: Summer Breeze Run – Battle of the ‘Burbs 2019 will take place on Saturday, August 3, 2019.**

*The West Des Moines Community Foundation’s mission is to “preserve and improve the quality of life in West Des Moines by engaging others in philanthropic support and services.” Find out more about grants and giving in West Des Moines at [www.wdmc.org](http://www.wdmc.org).*



**It’s all smiles during the check presentation!**

From left to right, Mike McCoy, CEO of NCMIC, Tom Hadden, WDM City Manager and Robert Palmer, WDMCF board member.



## WDM125 ICE CREAM SOCIALS

The community celebrated West Des Moines’ 125th anniversary, also known as the quasiquicentennial, by gathering with neighbors, elected officials, and City staff to enjoy ice cream treats. Ice Cream Socials were held in 16 different parks during the months of July and August with every City department bringing free fun to hundreds of residents!



# Winter in West Des Moines

With an estimated population of over 63,500, more than 810 lane miles of streets and high expectations from the motoring public, the City takes a serious approach to the problems associated with snow and ice control.

## Priority of Snow Removal

1. Major arterial streets
2. Collector streets
3. Residential streets, public sidewalks
4. Cul-de-sacs, alleys and City trails

## Snow Emergency Parking Ban

To accomplish the effective removal of snow, a Snow Emergency Parking Ban is implemented by the Public Services Department.

**\$50 Ticket and/or Tow**

**A snow plow can't clean the street with a car parked here!**

If a prediction for snow or winter weather exists, check the City's website at [www.wdm.iowa.gov](http://www.wdm.iowa.gov) or call the **Snow Hotline at 273-0766** to see if there is a Parking Ban in place. Both are available 24/7.

Vehicles must be removed from all City streets, alleys and city-owned parking areas when a Snow Emergency Parking Ban is in effect. Vehicles parked in these areas are subject to being towed and/or a \$50 ticket. The parking ban is effective from

its proclamation through 5:00 p.m. the following day, unless it is extended by an additional proclamation due to the length of the storm or large volume of snowfall.

If you normally park in any of these areas, **now** is the perfect time to **make a plan** for when an Emergency Parking Ban is in place and parking is not allowed.

**We don't want to tow your car when it snows. You can be proactive!**

When snow is forecast, park your car off the street. If you'll be gone during the winter months, don't leave your car on the street.



## My vehicle was towed during a Parking Ban. What do I do?

- Go to the Police Dept., 250 Mills Civic Pkwy. (Open 24/7)
- Provide ID showing the vehicle is yours or you were the driver.
- Ask for an impound release (no charge)
- Go to Roy's Towing, 155 S. 13th St., WDM.
- Pay Roy's Towing fees (such as towing, storage) and pick up your vehicle.
- If a City ticket has been issued, that fee is due at City Hall, 4200 Mills Civic Pkwy. (open Mon-Fri, 8 a.m. – 5 p.m.).
- Be proactive in the future by keeping vehicles off the street during winter weather.

## Citizen Responsibilities

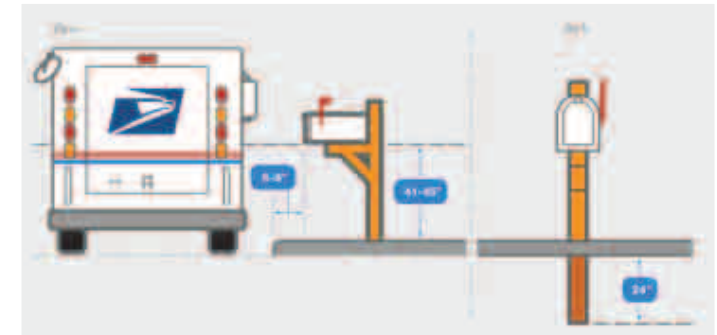
Snow can be beautiful, but it can also create hazards. When residents fail to clear sidewalks, falls and injuries may occur.

**Residents are required by ordinance to clear sidewalks (including those crossing alleys, crosswalks and driveways) within 24 hours of the end of a storm.** Please place the snow on private property or adjacent to the right-of-way, not in the street. A helpful hint for residents — clear your sidewalk after the snowplows have completely finished plowing the street to the curb. If your sidewalk is icy, please apply sand or deicer to alleviate the hazard and reduce pedestrian injury.

## Mailboxes

The City will plow the snow within the confines of curb line to curb line of a street. During extreme winter events there may be times when City plows cannot physically place the snow onto the public right-of-way (commonly referred to as the "parking"). During these times the resident will be responsible for clearing the snow around their mailbox to assure delivery of mail.

It is also the resident's responsibility for assuring that their mailbox is properly installed with the face of the door at least six (6") inches, but no more than eight (8") inches, behind the face of the curb. The post should be at least 24" away from the face of the curb, and it should be adequately constructed to withstand snow clearing efforts but meet "breakaway" criteria. In the fall of the year, staff conducts pre-season inspections of mailbox placement throughout the community. If a mailbox is found to be out of compliance, they will notify the resident with a door hanger so the proper corrections can be made before winter begins. Damage to mailboxes that have not been repaired or brought into compliance will not be eligible for a claim adjustment.



**The City's responsibility is to conduct winter maintenance activities expediently, efficiently and safely.**

**"I saw a snowplow go down my street and thought I could park there now!"**

Plows will likely make numerous passes down your street. Please go by the expiration date and time from the Snow Hotline at 273-0766 to avoid a ticket or tow.

**Would you like to "walk in the shoes" of a WDM snow fighter? View a video on the City website at: [www.wdm.iowa.gov/snowfighting](http://www.wdm.iowa.gov/snowfighting).**



# Frequently Asked Questions About Snow Control

## How do we know when the Snow Emergency Parking Ban is in effect?

1. Snow Hotline — Call 2730-SNO (273-0766).
2. Check the home page of the WDM website: [www.wdm.iowa.gov](http://www.wdm.iowa.gov)



3. While on the WDM home page, sign up for E-UPDATES to automatically receive notices of snow emergency parking bans by email or text (New this year!)
4. "Like" the City of West Des Moines on Facebook
5. "Follow" the City of West Des Moines on Twitter

## Can't the city remove the snow they put in my driveway or sidewalks?

Unfortunately, we cannot. When you consider the number of driveways and sidewalks throughout the City, it would be very expensive to taxpayers for us to provide this type of service. The City has over 810 miles of public streets to plow during storm events and we typically do this with approximately 18 operators per shift. While we try our best to minimize the amount of snow that is placed on these areas, it can't always be avoided.

## Who do I call to get the public to shovel their sidewalks?

City ordinance requires property owners to shovel their sidewalks within 24 hours after the end of a storm. You may report unshoveled walks to Community Compliance at 222-3480.

## May I shovel/plow/blow the snow from my sidewalk or driveway into the street?

No. City ordinance prohibits this activity due to the hazardous conditions it can create in the street. Violators may be fined. See City Code Sections 7-1-4 and 7-1-5.

## I am elderly or disabled. Can the City help clean my sidewalk?

West Des Moines Human Services offers a Handyman program to remove snow for income qualified households in the event of 2 inches or more of snow. This service is available to WDM Elderly (60+) and medically disabled households who are at or below 180% of federal poverty guidelines and prioritized according to the following criteria:

- #1 – low-income disabled households (medically verified), or
- #2 – low-income elderly

Households must pre-qualify through an application process with HS staff requiring income and/or medical documentation.

Staff hours for the snow removal program are Monday-Friday, 8:00 a.m. – 4:00 p.m.

**Because of the number of homes on our list, there is no guarantee that our one employee will have your snow removed within 24 hours.**

For more information concerning this program, please contact WDM Human Services at 222-3660.



## When will my street be plowed?

The City has established priorities for the various classifications of streets. Major arterial streets that must be kept open to provide a transportation system for emergency vehicle units will be our highest priority. Depending on storm conditions, crews may have the opportunity to start plowing some residential streets before the storm ends.

## For More Information, Please Contact

### The City of West Des Moines:

#### By phone:

Snow Hotline	2730-SNO (273-0766)
Public Services	222-3480
For Emergencies	222-3321
Human Services	222-3660
Sidewalk Violations	222-3480

#### iPhone or Android:

To report concerns, install YourGOV App

**Web:** To report concerns, YourGOV

#### Facebook:

"Like" the City of West Des Moines

#### Twitter:

"Follow" the City of West Des Moines

## WDM City Code

*The following is the City's regulation on snow emergency parking bans which is being published in accordance with the City Code regulation:*

### 6-6-7: SNOW REMOVAL:

No person shall park, abandon, or leave unattended any vehicle on any public street, alley, or city owned off street parking area during any snow emergency proclaimed by the mayor, public works director, or their respective designees. A snow emergency parking ban shall continue from its proclamation through five o'clock (5:00) P.M. the following day. The mayor, public works director, or their respective designees may extend the duration of the parking ban if conditions require additional time to clear the snow and ice. Notice of an extension shall be posted in the same manner as a proclamation of snow emergency and shall contain the date and time the parking ban shall expire. Such a parking ban shall be of uniform application. The city shall publish information regarding the responsibilities of vehicle owners under this section in the fall and/or winter editions of the "WDM Magazine" distributed to city residents, as well as post such information on the city of West Des Moines website in the fall and/or winter of each year. When predictions or occurrences indicate the need, the mayor, public works director, or their respective designees, shall proclaim the snow emergency and direct the appropriate city employee to post said proclamation on the city of West Des Moines website and forward notice of the proclamation to at least two (2) radio and two (2) television stations that broadcast their signals into the city of West Des Moines. Such emergency may be extended or shortened as the emergency warrants or when conditions warrant. This section shall not be construed as suspending parking limitations or restrictions imposed by any other section of this title. In addition to enforcement of this section by police officers, code enforcement officials and public works employees have the authority to enforce the provisions of this section. The code enforcement officials and public works employees shall have the power to issue citation-complaints for violations of this section and impound vehicles found in violation of this section as provided in subsections 6-6-15A and G of this chapter. (Ord. 1844, 10-5-2009)

*West Des Moines City Code is available 24/7 on the City's website at [www.wdm.iowa.gov](http://www.wdm.iowa.gov).*

Ongoing weather conditions and the number of vehicles obstructing plows in the roadways have a major impact on the effectiveness of the operation. Please keep in mind that crews may be coming down your street **more than once** to fully plow the snow to the curb. The City's goal is to have all paved streets completely plowed within 24 hours after the storm has ended.

## How can I help during a winter event?

*Thanks for asking!*

- ✓ Be sure your vehicle is off the street if it snows.
- ✓ While you're shoveling your sidewalk, dig out the fire hydrant!
- ✓ Volunteer (if you're able) to help others remove snow by contacting Human Services at 222-3660.
- ✓ Give the snowplows plenty of room on the roadway.
- ✓ If you must venture out, check weather, road conditions and traffic.
- ✓ Relax and enjoy the beautiful winter scenery!



# INCLEMENT WEATHER TRAFFIC MANAGEMENT

## On a National Level

Over the past several years, the City of West Des Moines has been very proactive with regards to the implementation of new technologies to enhance the overall safety, efficiency and service provided to motorists who use the roads in the City.

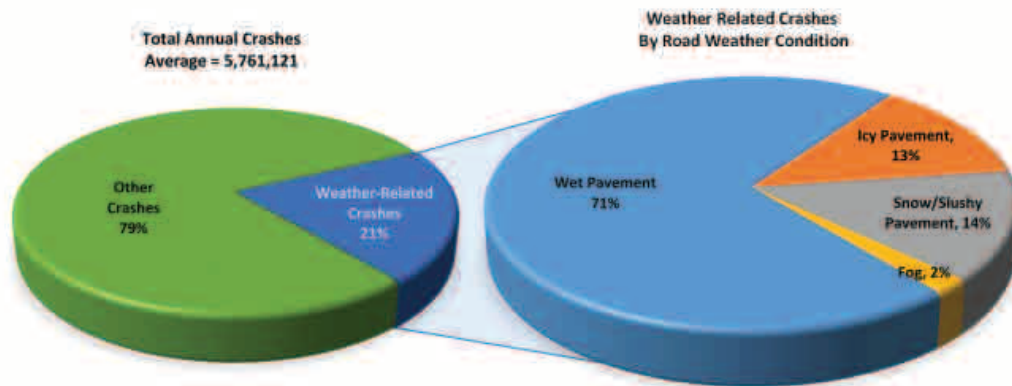
Due to the leadership the City of West Des Moines has exhibited, Public Services Director Bret Hodne was asked by the Federal Highway Administration to be part of a team of industry experts to serve on the Everyday Counts - Weather Responsive Management Strategies team.

Representatives from Michigan, Minnesota, Nevada, Utah and Wyoming will represent the state DOTs. The City of

West Des Moines is representing the local transportation goals for the group.

This initiative will enable state DOTs and local transportation agencies to implement traffic and maintenance management strategies during inclement weather to improve safety, reliability, and minimize environmental impacts of weather on the transportation system.

Accident-related data highlights the fact that 21% of crashes that occur on the nation's roadways can be attributed to weather-related conditions. Along with accidents, other impacts that will be addressed are mobility, productivity and impacts to the environment.



## How Can You Report a Non-Emergency Issue to the City?



YourGOV – A quick and easy way to report non-emergency issues and service requests such as:



You can report an issue anonymously, BUT . . .

By logging into the YourGOV app using your name and email address, you will receive updates on the status of your request.

## 2018 Art on the Campus People's Choice Award

### "Bird House"

by Andrew Arvanetes

DeKalb, IL

Andrew Arvanetes received his BFA and MFA from Northern Illinois University. He has been producing sculpture professionally since 1985. Working in aluminum, stainless steel, bronze, mild steel and wood, Arvanetes has fabricated large outdoor sculptures, gallery-size work, as well as low-relief wall constructions. He has exhibited his work throughout the United States, participating in exhibitions, competitions and public art projects. Originally from the Chicago area, Arvanetes has recently returned to his Chicago area roots after operating sculpture studios in central Michigan, Cincinnati and the Dallas/Fort Worth area. Andrew is a member of the International Sculpture Center, Chicago Sculpture International and Water Street Studios, Batavia, Illinois.

"My sculptures have always been object-oriented and narrative in nature. The interpretation of my work may not be exactly the same as the intended narrative. More important, the viewer should be able to feel a connection based on their own personal experiences. I attempt to achieve this connection with my audience by utilizing universal visual details. The mechanical and architectural details utilized in my work have evolved into a personal language. These details and symbols combine with the overall form to create the visual aesthetic. Because of my formal approach to fabrication, rational functionality might be expected. On the contrary, the combination of physical scale, personal references and visual details often results in a whimsical and absurd reality."

► **Thanks to BRAVO Greater Des Moines for funding the 2018 People's Choice Award!**



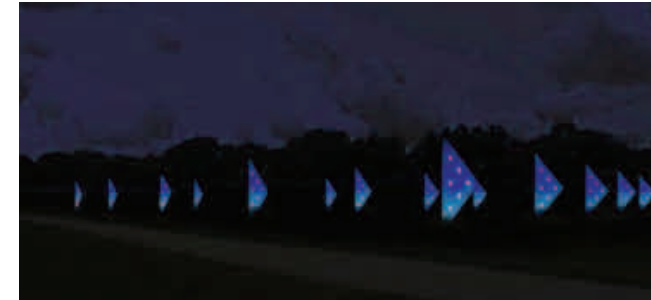
Andrew Arvanetes



2018 People's Choice Award Winner "Bird House"

### "Folded Flags"

Folded Flags, with its 15 individual standing, folded flags will be installed in the spring of 2019. This public artwork will be the first of several enhancements installed along the 11.5 mile long Veterans Parkway. It will be located at the intersection of Veterans Parkway and SE Brown's Woods Drive. The City of West Des Moines collaborated with local veterans groups to create a design concept that would honor veterans as well as be aesthetically pleasing and thought-provoking when viewed by the public. Folded Flags is being partially funded by a \$50,000 grant from BRAVO Greater Des Moines.



### "Our Main Street" Dedication

Three public art pieces which were installed in Historic Valley Junction in the summer of 2018 were formally dedicated by Mayor Steve Gaer on Thursday, August 23, at the Valley Junction Farmer's Market. "Friends," "Family" and "Lovers" comprise "Our Main Street," a group of public artworks that was commissioned by the Public Arts Advisory Commission to commemorate Historic Valley Junction's 30th year as a Main Street Iowa community. Artist Gail Chavenelle of Chavenelle Studio Metalworks (Dubuque, IA) attended and spoke at the dedication. A detailed brochure about the "Our Main Street" art can be downloaded at [www.wdm.iowa.org/PublicArt](http://www.wdm.iowa.org/PublicArt).



"Friends"



Artist Gail Chavenelle speaking at Our Main Street Dedication

► **If you are interested in serving on the West Des Moines Public Arts Advisory Commission, please contact the West Des Moines City Clerk at 515-222-3603 to request an application.**

**HOW IS PUBLIC ART FUNDED?** Funding for public art in West Des Moines comes from hotel-motel tax revenue dedicated by the City Council for that purpose. No property tax dollars are used to purchase works of art.

# Choosing and Using Portable Fire Extinguishers

During interactions with our citizens, firefighters often hear, "I don't know what kind of fire extinguisher to get for my home or even how to use one." These are excellent discussion points, and here are our answers.

A portable fire extinguisher can save lives and property by putting out a small fire or containing it until the fire department arrives, but portable extinguishers have limitations. Because fire grows and spreads so rapidly, the first priority for residents is to get out safely.



## What Type of Fire Extinguisher Do You Need For Your Home?

- You can purchase a fire extinguisher at most hardware and home goods stores.
- Select a multi-purpose (ABC) extinguisher that can be used on all types of home fires...trash, wood, textile, cooking liquids, gasoline, electrical equipment, etc. The extinguisher needs to be large enough to put out a small fire, but not so heavy that it's difficult to handle.
- Choose a fire extinguisher that carries the label of an independent testing laboratory (UL).

## Where Should You Place Fire Extinguishers?

- With nearly two-thirds of all fires starting in the kitchen, this is the most important room to have a fire extinguisher in your home.
- Every floor of your home needs at least one fire extinguisher.
- Mount your extinguisher on the wall near an exit about four feet above the ground.
- Don't hide fire extinguishers behind drapes, in closets or under counters. They need to be in plain view or you will not be able to find them when you need them.
- A fire extinguisher with a gauge should be checked every month to make sure it is properly charged.
- Also monthly, tip your extinguisher over and tap on the bottom to loosen the extinguishing agent that settled on the bottom.

## How Do You Use a Fire Extinguisher?

- Read the instructions that come with the fire extinguisher and become familiar with its parts and operation before a fire breaks out.
- Use a fire extinguisher when the fire is confined to a small area, such as a wastebasket, and is not growing.
- Make sure everyone has exited the building, the fire department has been called and the room is not filled with smoke.
- To operate a fire extinguisher, remember the word **PASS**:
  - P**ull the pin. Hold the extinguisher with the nozzle pointing away from you, and release the locking device.
  - A**im low. Point the extinguisher at the base of the fire.
  - S**queeze the lever slowly and evenly to discharge the extinguishing agent.
  - S**weep the nozzle from side-to-side, moving carefully toward the fire.
- Keep your back to a clear exit when you use the extinguisher so you can make an easy escape if the fire cannot be controlled. If the room fills with smoke, leave immediately.

## How Do You Dispose of Old Fire Extinguishers?

- If you can't remember when you purchased your fire extinguisher, and there is no date on it, it's probably time to dispose of it. Most extinguishers last between five and 15 years according to manufacturers.
- Discharge the extinguisher outside with the direction of the wind. You can practice your P.A.S.S.
- Once the extinguisher is empty, you can take it to a recycling facility or check with your local waste management facility to verify that you can place it in the trash.
- The West Des Moines Fire Department does not accept old fire extinguishers.

As mentioned, fire extinguishers are one element of a home fire safety plan, but the primary element is safe escape. Every household should have a home fire escape plan and working smoke detectors. If you have questions regarding fire extinguishers, or any other fire safety topic, call the West Des Moines Fire Department at 515-222-3428.



# Do you know what to do in an EMERGENCY?

Cardiac events, choking or injuries can happen in an instant. Do you have the skills you need to help in an emergency? Did you know the City of West Des Moines Emergency Medical Services has a CPR training center that can help you **BE PREPARED?**

Whether you need certification for your job as a healthcare provider, coach, child caregiver, or other field, or you just want the information you need to save a life, you can find your class right here in West Des Moines. A wide variety of courses from the American Heart Association, taught by paramedics, will give you the skills you need to make a difference in an emergency.



**Cost:** \$35 per person; includes a take-home book.  
**When:** Class dates and times vary and may be scheduled to accommodate your group.

It only takes a short time to learn how to save a life! Contact WDM EMS today to reserve your place. Email [Vicki.Petersen@wdm.iowa.gov](mailto:Vicki.Petersen@wdm.iowa.gov); or call 515-273-0768.

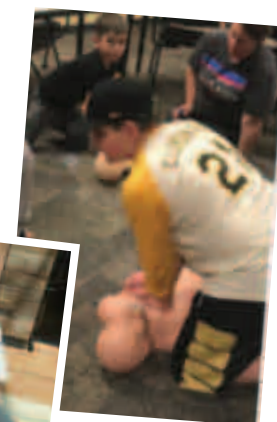
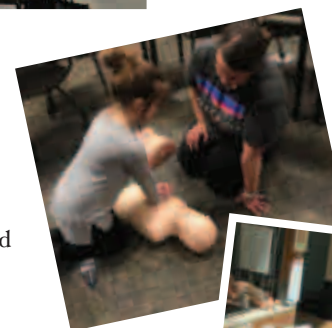
## Featured Course: Family & Friends CPR

### What is Family & Friends CPR?

A fun, interactive course that teaches CPR and choking management for adults, children and infants, as well as some first aid.

### Who should take this course?

**Parents, grandparents, even kids—everyone can help in an emergency.** This class does not provide a certification card. If your job requires one, we can help with that, too. Contact us to find the best course for you.



# West Des Moines Community Foundation

## SUPPORTING QUALITY OF LIFE

### The West Des Moines Community Foundation (WDMCF) was created

in 2007 in order to make a positive impact in our community. To date, the Foundation has received and is managing over \$1 million from families, individuals, businesses, the City, and Polk and Dallas Counties for our various funds to support artistic, cultural, recreational, historic, social and natural resources.

### Grant Submissions Reviewed Quarterly

The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city. This past year, grants have been awarded by the WDMCF to support a variety of community initiatives in West Des Moines, including:

- WDM Community Schools, Booster Pak program
- WDM Leadership Academy, free bicycle helmets to children
- Historical Society, Jordan Scholar program
- WDM Human Services, holiday meals to residents in need
- Tallgrass Theater, new lighting system
- Furry Friends Refuge, capital campaign for new animal shelter
- WDM Amphitheater on the City Campus

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCF. Grants are reviewed on a quarterly basis by the WDMCF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.



### Donations (of any size) Always Welcome

Donations to the WDMCF are accepted through the Community Foundation of Greater Des Moines, which also administers and manages the four funds. No donation is too small.



### WDMCF funds:

- General Pass-through Fund
- Special Interest Fund: Arts and Culture
- Special Interest Fund: Recreation and Trails
- Endowment Fund – maximum of 5% of endowment funds are available on an annual basis
- Quality of Life Fund

Donating to the WDMCF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come.

### Questions:

Contact Helen Eddy, WDMCF Board Chair, at [helenbikes@msn.com](mailto:helenbikes@msn.com)  
Donation Form and Grant Application can be found at: [www.wdmcf.org](http://www.wdmcf.org)

### WDMCF Board of Directors:

Mike Abbott, Chris Costa, Tom Cox, Kristi Davick, Wade Den Hartog, Jennifer Drake, Helen Eddy, Tamara Kenworthy, Robert Palmer, Brett Peterson, Kathleen Till Stange  
Ex-Officio Members: John Mickelson-City Councilman, Jamie Letzring-Deputy City Manager, Sally Ortgies-Director of Parks & Recreation

[www.wdmcf.org](http://www.wdmcf.org)



West Des Moines  
**COMMUNITY  
FOUNDATION**



# New Study Uncovers Unsavory Surprise in Bottled Water: Microplastic Fragments

For years, bottled water marketers created uncertainty about the safety and integrity of tap water for the sole purpose of convincing consumers to buy expensive packaged water served up in wasteful, single-use plastic bottles.

Turnabout, as they say, is fair play as a number of independent studies conducted recently demonstrate the vagaries of bottled water: mountains of plastic bottles stacked up in landfills; questionable source labeling; high costs; and lack of regulation.

## PLASTIC BITS IN BOTTLED WATER

The latest research to report concerns about bottled water comes from State University of New York at Fredonia and was published by Orb Media in March 2018. Sherri Mason, Ph.D. and professor of chemistry at SUNY, noted that 93 percent of the bottles of water tested in her study showed microplastic contamination. The study looked at 11 brands of bottled water from nine countries. These tiny bits of plastic are about the width of a human hair and Mason found that, on average, the bottles in the study contained 325 pieces per liter of water. Contrast that to 5 pieces per liter in tap water.

“The study is small—only 253 samples—and it doesn’t conclusively identify severe health problems directly related to the plastic found in bottled water,” explained Diana Wilson, general manager of West Des Moines Water Works. “As ubiquitous as plastic is in our society, finding some plastic is not surprising, but this study revealed that bottled water contained on average 65 times as much as tap water. The biggest differences, of course, revolve around the plastic bottle and the packaging process.”



Photo credit: Sherri Mason, Ph.D.

*This photo shows microplastic fragments and fibers swimming around in 1 millimeter of bottled water.*

Researcher Mason pointed out in her conclusions that much of the plastic found in the samples probably emanates from the bottle caps. Whereas the microplastic pieces in tap water are fibers, bottled water contained microplastic fragments, which indicates the contamination occurs in the bottling process.

## TAP WATER IS A BETTER VALUE

West Des Moines Water Works sources its production from a combination of deep and shallow wells, which are less likely to have any plastic contamination.

“We have seen a lot of scientific work in the past few years that reinforces for the beverage-buying public that the bottled water emperors wear no clothes,” Wilson added. “Tap water is a better deal in terms of quality, value and environmental impact.”

Plus, bottled water costs significantly more than tap water. For example, a \$3 bottle of water purchased at a sporting event costs 4,688 times more than the same 16.9 ounces of tap water.

## Misleading claims and outright falsehoods about bottled water include:

MISLEADING CLAIM	FACT
Bottled water is produced from pure or superior source water.	Nearly two-thirds of bottled water is processed from municipal water treatment plants. In 2007, Pepsico agreed to change the label on its Aquafina brand to read “Public Water Source.” Mason’s study shows plastic contamination is 65 times higher on average in bottled water.
Bottled water is safer than tap water.	Tap water is highly regulated by the Environmental Protection Agency in accordance with the Safe Drinking Water Act of 1974. Regular testing occurs. In contrast, bottled water is regulated by the Food and Drug Administration, which conducts no regular testing on foreign materials including the microplastic contamination discovered by Mason’s study.
Plastic water bottles are reusable and recyclable.	91 percent of plastic water bottles end up in landfills and waterways.  Water bottles should <b>NOT</b> be reused. The plastic used in these containers is intended for single-use only. When you reuse and wash a plastic water bottle, you risk breaking down the plastic and having harmful chemicals leach into the vessel.
Bottled water is more convenient.	More convenient than a faucet?

## TAKE ACTION

“The takeaway from the SUNY-Orb Media study isn’t necessarily that people should panic, but rather take action,” Wilson said. “Each of us can do our part to reduce the pollution of discarded plastic water bottles.”

West Des Moines Water Works and other utilities promote the use of portable bottle fillers at sporting events, concerts and other public gatherings.

Delta Dental of Iowa launched a campaign, “Rethink Your Drink,” which in part helped schools finance water bottle fillers. In 2018, Delta Dental provided grants to 60 schools across Iowa to add the fountain bottle fillers.



“We know that using personal containers such as S’well or any number of sports-branded bottles does reduce bottled water waste,” Wilson added.

The experience of the City of Las Cruces, New Mexico, underscores the benefits. The city installed bottle filling fountains in public buildings and used the counters on its fillers to record every time a bottle was filled with at least 8 ounces. At the end of the year, the city’s sustainability office tallied the number of reusable containers refilled from 10 bottle drinking fountains and found that the fillers replaced nearly 2 million single-use plastic bottles.

Now that’s a good start.



## WEST DES MOINES HISTORICAL SOCIETY

### DID YOU KNOW THAT THE JORDAN HOUSE, RIGHT HERE IN WEST DES MOINES, WAS A STOP ON THE UNDERGROUND RAILROAD?



#### How did the Underground Railroad get its name?

The legend is that in 1831, a freedom seeker (escaped slave) named Tice Davids ran away from a Kentucky plantation. His master followed him but lost track of him when Tice dived into the Ohio River and swam across to Ripley, Ohio. Returning home empty handed, Tice's owner told everyone that his slave "must have disappeared on an underground road."

Steam railroads were a new and exciting way to travel in the 1830s, so historians believe that's how the term Underground Railroad came into use. This terminology extended to those who helped freedom seekers, including "station agents," or those who provided shelter in their homes or businesses, and "conductors," brave men and women who helped transport fleeing slaves.

#### How was James Jordan involved in the Underground Railroad?

James C. Jordan was born in 1813 in what is now West Virginia, in a community where slavery was ingrained in society and culture. Jordan was expected to assist neighbors in their hunt for escaped slaves, and these experiences developed his abolitionist beliefs and zeal.



During the antebellum period, the Jordan House was a stop on the Underground Railroad, and Jordan was regarded as the "Chief Conductor" for Polk County.

The History of Polk County, published in 1880, says "Jordan has been a life-long enemy of slavery; his devotion to the political life as a staunch and stalwart Republican is the outgrowth of deep-seated conviction; it is among the pleasant things to remember, that under his protecting roof John Brown and his associates, with more than a score of recently liberated slaves, have offered their prayers and sung their first jubilee hymns on their way to Canada...."

In fact, radical abolitionist John Brown stayed at the Jordan House at least twice, the last time in 1859 when he was leading a group of 12 slaves he had recently liberated in Missouri to freedom in Canada.

Learn more about the Underground Railroad by visiting the Jordan House.

### John Brown Freedom Trail



#### Jordan House Public Tours

Fridays & Saturdays*	11:00am & 1:00pm
Adult (18+)	\$5
Youth (5-17)	\$3
Child (under 5)	Free
Tour Length	1 Hour
* Closed in January	



2001 Fuller Road  
www.wdmhs.org



#### Private Rentals

Jordan House OR Bennett School
2 Hours \$100

Call  
515-225-1286  
to schedule your event today!

## Do you have Extra Trash?

Over the holidays, all the visitors, parties, big meals and gift exchanges can cause extra trash!

When there is too much to fit in the cart, there is still hope for curbside collection. For extra bags or boxes of trash, an **extra trash sticker** will have that whisked away.

Now, if you got a new couch or finally decided to throw out a broken desk, those items require **large item stickers**. Some examples of common large items for curbside disposal include:

- 5 carpet rolls (cut to 4 foot length x 18 inch diameter) = \$5
- Couch or love seat = \$5
- Desk = \$5
- Queen/king mattress = \$10
- Queen/king box springs = \$10



Simply purchase the extra trash or large item stickers at a local grocery store.

Stick it on and have it curbside by 6:00 am on your garbage collection day. Extra trash stickers are sold for \$1 each and large item stickers at \$5 each.



Unless the item at the curb is an appliance, there is no need to call ahead.

The item will either get picked up during regular garbage collection or with a bulk item truck later in the day.

Some items may require additional stickers. Call Waste Connections at 515.265.7374 for details or to schedule an appliance or TV collection. Information regarding where to buy stickers as well as more examples of large items can be found at [www.WhereItShouldGo.com](http://www.WhereItShouldGo.com).

*\*If you live in a Homeowners Association, please check with the HOA regarding participation.*

# Yard Waste Collection ENDS Nov. 30



## Compost It! to Dispose of Lawn Clippings, Twigs and Leaves

Metro Waste Authority's Compost It! program collects yard waste at your curb through November 30, 2018; then again during winter collection December 31, 2018 – January 11, 2019.

During winter collection, live Christmas trees can be disposed of at the curb with a green Compost It! sticker along with other yard waste.

Residents with City-provided solid waste services can purchase Compost It! brand bags and stickers at local grocers and hardware stores. The purchase of the bags or stickers covers the cost for curbside collection.

Small twigs and branches, leaves and lawn clippings, as well as garden vegetation can be collected.

- Twigs and branches: each bundle requires a green Compost it! sticker and must be smaller than four feet long by eighteen inches in diameter.

- Leaves and lawn clippings: these should be placed at the curb in Compost It! yard waste bags, or store-brand bags with a green Compost It! sticker. No other bags can be collected.

- Garden vegetation: if it died on the vine, it can be disposed of through the Compost It! program. However, spoiled fruits and vegetables from the fridge belong in the trash.

- Christmas trees: put out curbside with a green Compost it! sticker on your collection day for two weeks, December 31, 2018 – January 11, 2019. All decorations must be removed and no wreaths or garlands are accepted.

For a complete list of retailers selling Compost It! stickers and bags, visit [www.WhereItShouldGo.com](http://www.WhereItShouldGo.com) or call 515.244.0021.

\*If you live in a Homeowners Association, please check with the HOA regarding participation.



**John Olds**  
City Urban Forestry Supervisor

## URBAN FORESTRY UPDATE

### Trees in the Right Of Way

The winter of '17/18 was our first full winter to address right of way (ROW) trees; more specifically, the trees between the curb and the sidewalk. In early 2017 the responsibility for maintaining those trees, per City Code, was turned over to WDM Public Services forestry staff. Prior to the change, property owners with tree(s) in the ROW adjacent to their property were required to maintain a minimum clearance height of 14' over a city street and 8' minimum clearance over a sidewalk. As mentioned, maintaining those clearance heights is now the responsibility of WDM City personnel.

Staff established ten (10) zones within the city as a means of systematically evaluating the 2,303 ROW trees. Our plan is to thoroughly cover each zone on a three to four year rotation and trim accordingly. In addition to trimming for clearance heights, staff will remove damaged and dead material within reach of our equipment. Trees requiring maintenance that is complicated, extremely dangerous and/or at heights beyond our capabilities will be contracted out. Property owners continue to have the responsibility for maintaining the above minimum clearance requirements for trees on private property.

We do trim for clearance and remove damaged material throughout the year but from a tree health perspective, we'd prefer to cut on trees when they are dormant. In addition, it's much easier to assess trees without their full complement of foliage. We've found out in our work to date that we'll likely be visiting some zones much more frequently than others. The species composition and average age of trees within a zone goes a long way in determining the amount of time we'll spend there. Having said that, I'm much more concerned with being thorough than I am with "flying" through a Zone. Each tree deserves our best efforts and that's what we intend on providing.

### Shade Crusade

The inaugural "Shade Crusade" occurred this past spring with West Des Moines residents purchasing and planting nearly 400 trees! It was such a success that the Public Services and Parks & Recreation Departments will once again be offering this popular program in 2019. Landscape sized trees will be made available to residents at a highly discounted price. More details to come!



### Emerald Ash Borer

This past summer revealed evidence of emerald ash borer (EAB) in most areas of the city as infestations are now progressing at a rapid rate. The population of the beetle is likely reaching a point where trees that appear healthy one year will be in serious decline the next. Residents with ash trees on their property need to decide whether or not to treat their tree(s). If the choice is to not treat, the recommendation is that the tree be removed before it dies. Removing a live tree will likely cost less than removing it after it dies. Ash trees that die from EAB become dangerously brittle and also "blow apart" when limbs hit the ground requiring significantly more time to clean up the debris. Any resident that would like to have their ash tree assessed can contact the WDM Urban Forestry Supervisor at 515-222-3417.



## Recycling the Basics

It's more important than ever to recycle the correct items in your green Curb It! cart.

It's been a hot topic in the news – China has scaled back on its purchase of recyclables. This means a surplus of material is on the market in the United States and buyers have their pick of the best.

You may ask yourself, what can I do about it from the middle of Iowa? The answer – a lot!

Make sure what you put in your Curb It! cart belongs there. Ignore the numbers and symbols and simply get back to basics. This includes:

- Newspapers, junk mail, cardboard and cartons.
- Plastics with twist off lids, pop cans, soup cans, glass bottles and jars – once you give them a good rinse.

When it comes to recycling the basics, if it's empty and clean, throw it in the green. If you're still in doubt check Metro Waste Authority's Recycling Guide at [www.WhereItShouldGo.com](http://www.WhereItShouldGo.com) or call us at 515.244.0021.

## While you're in Valley Junction shopping,

be sure to take notice of the beautiful planters designed and maintained by the City's Horticulture group. No two are the same, and the designs differ every year.

***New in 2018 are planters at City Hall and the Library!***



## Rechargeable Batteries are Not Regular Trash

Rechargeable batteries are not regular trash. The lithium inside that makes them rechargeable can ignite on contact with humid air.

When trash is collected at your curb and brought to the landfill, it is compressed several times by heavy machinery. If a rechargeable battery is in your trash, as soon as the outer shell is cracked from being run over, it can ignite on contact. This could cause the battery, along with the trash around it, to catch fire.

Rechargeable batteries can be recycled and are accepted at hazardous waste facilities for free. You can bring in just the battery or the device for recycling. Alkaline batteries, which are not hazardous and considered one-time use, are accepted for \$1 per pound for recycling.

When your rechargeable batteries stop giving you a charge, don't throw them in the trash! Drop them off at a hazardous waste drop-off or schedule a house-side collection:

### Northwest Household Hazardous Waste Drop-off

4105 Beisser Drive, Grimes  
Tuesday, Wednesday, or Thursday  
8 am - 3 pm, by appointment  
Call 515.244.0021

### Metro Hazardous Waste Drop-off

1105 Prairie Drive SW, Bondurant  
Tuesday-Friday, 1 pm - 5 pm, 1st and 3rd  
Saturday, 8 am - Noon

### House-Side Collection

Sign-up as needed at West Des Moines  
Public Services  
506 S. 16th St., West Des Moines

Call 515.244.0021 for more information.  
For more information about safe, smart disposal and recycling options, visit [www.WhereItShouldGo.com](http://www.WhereItShouldGo.com) or call 515.244.0021.

 **Metro Waste Authority**  
*We Know Where It Should Go*

All City service requests can be directed to the Online Service Desk at  
[www.wdm.iowa.gov](http://www.wdm.iowa.gov)

**EMERGENCY** ..... 911  
**Non-Emergency Dispatch** ..... 222-3321  
**ADA Coordinator**..... 222-3603  
**TDD/TTY**..... 1-800-413-4955  
**Aquatic Centers** ..... 273-0700  
**Ambulance Billing** ..... 273-0652  
**Animal Control** ..... 222-3364  
 250 Mills Civic Parkway  
**Animal Licenses**..... See WestPet  
**Better Business Bureau** ..... 243-8137  
**Birth Certificates** ..... See Vital Records  
**Building Safety/Inspections**..... 222-3630  
 developmentsservices@wdm.iowa.gov  
 Business License Info. .... 1-800-532-1216  
**Cable Television**  
 Mediacom..... 1-800-332-0245  
 Billing, Cust. Service, Connect/ Disconnect,  
 2205 Ingersoll Ave. Des Moines • mchsi.com  
**Jordan Cemetery** ..... 222-3444  
 Sales and Maintenance  
**Chamber of Commerce** ..... 225-6009  
 www.wdmchamber.org  
**City Attorney** ..... See Legal Department  
**City Clerk** ..... 222-3603  
 Business related licenses / voter registration  
 application  
**City Council** ..... 222-3610  
**City Hall Offices**..... 222-3600  
 4200 Mills Civic Pkwy  
**City Manager**..... 222-3610  
**Claim for Damages** ..... 222-3601  
**Community Compliance**  
**(Code Enforcement)**..... 222-3480  
 publicservices@wdm.iowa.gov  
 Community & Econ. Development ..... 273-0770  
 ced@wdm.iowa.gov  
**County Websites**  
 • Dallas County www.co.dallas.ia.us  
 • Polk County www.co.polk.ia.us  
 • Madison County www.madisoncoia.us  
 • Warren County www.warrencountyia.org  
**Death Certificates**..... See Vital Records  
**Development Services**  
 Building Division ..... 222-3630  
 Engineering & Planning Divisions ..... 222-3620  
 developmentsservices@wdm.iowa.gov  
**Des Moines Area Regional Transit (DART)**  
 Public Transportation ..... 283-8100  
 dart@ridedart.com

**Des Moines Register**  
 Subscriptions ..... 1-877-424-0225  
**Driver's License**  
 • Dallas County ..... 993-6992  
 • Polk County ..... 244-1052  
 • Madison County ..... 462-1542  
 • Warren County..... 961-1144  
**Election Office**  
 • Dallas County ..... 993-6914  
 • Polk County ..... 286-3247  
 • Madison County ..... 462-3914  
 • Warren County..... 961-1020  
**Electrical Service**..... See Utilities  
**Emergency Medical Services (EMS)** 273-0768  
 EMS Billing ..... 8055 Mills Civic Parkway  
 CPR and Public Access Defibrillation Classes  
 ems@wdm.iowa.gov  
**Farmers Market (VJ Foundation)** 222-3642  
**Finance Department** ..... 222-3600  
**Fire Administration** ..... 222-3420  
 3421 Ashworth Road • fire@wdm.iowa.gov  
**Gas Service** ..... See Utilities  
**Hazardous Waste**  
 Regional Collection Center ..... 967-5512  
**Holiday Pool** ..... 273-0700  
**Housing Rehabilitation Program** 273-0770  
**Human Resources** ..... 222-3616  
**Human Rights Commission**..... 222-3675  
**Human Services** ..... 222-3660  
 139 6th Street • humanservices@wdm.iowa.gov  
 Senior & Disabled Transportation, Energy  
 Assistance, Food & Clothing Pantry, Homeless  
 Prevention  
**Illegal Waste Disposal**..... 725-0268  
 http://www.iowadnr.gov  
 State Dept of Natural Resources industrial or major  
 hazardous waste and chemical spills.  
**Minor/Household Spills** ..... 222-3321  
**Job Hotline (City of WDM)**..... 222-3616  
 www.wdm.iowa.gov  
**Library** ..... 222-3400  
 4000 Mills Civic Parkway • library@wdm.iowa.gov  
**Legal Department** ..... 222-3523  
 4200 Mills Civic Parkway  
**Marriage Licenses** ..... See Vital Records  
**Mayor's Office**..... 222-3610  
**Motor Vehicle License Plates/Registration**  
 • Dallas County ..... 993-5812  
 • Polk County ..... 286-3030  
 • Madison County ..... 462-1542  
 • Warren County..... 961-1111

**Nature Lodge**..... 222-3424  
 Raccoon River Park 2500 Grand Ave.  
**One Call Underground Utility Lines**  
 811 OR 1-800-292-8989  
**Parks & Recreation**..... 222-3444  
 parkrec@wdm.iowa.gov  
**Parking Violations (non-moving)** 222-3600  
**Passports**..... 1-877-487-2778  
**Permits**  
 • Oversize Moving Permit  
 publicservices@wdm.iowa.gov..... 222-3480  
 • ROW/Excavation Permits (Sidewalk)  
 Engineering Services..... 222-3475  
 • Street/Lane Closures  
 publicservices@wdm.iowa.gov..... 222-3480  
**Planning & Zoning** ..... 222-3620  
 developmentsservices@wdm.iowa.gov  
**Police Administration** ..... 222-3300  
 police@wdm.iowa.gov  
**Police/Fire/EMS/Dispatch (Westcom)**  
 • Emergency ..... 911  
 • Non-Emergency ..... 222-3321  
 250 Mills Civic Parkway  
**Post Office**..... 255-6471  
 430 5th St. WDM 50265 • usps.com  
**Property Tax**  
 • Dallas County ..... 993-5808  
 • Polk County ..... 286-3060  
 • Madison County ..... 462-1542  
 • Warren County..... 961-1110  
**Public Services**..... 222-3480  
 publicservices@wdm.iowa.gov  
**Public Transportation** ..... See DART  
**Recycling – Curb It!**  
 Waste Management..... www.wm.com  
 Missed Pickup/Questions..... 244-7336  
**Recreation Programs**..... 222-3444  
**Rental Housing Inspector** ..... 222-3630  
 developmentsservices@wdm.iowa.gov  
**Senior Citizen Meals** ..... 274-0373  
**Sewer Stoppages/Repair** ..... 222-3480  
 publicservices@wdm.iowa.gov  
**Shelter Rentals (Parks & Rec)**..... 222-3444  
**School Districts**  
 • Norwalk  
 981-0676 • www.norwalk.k12.ia.us  
 • Van Meter  
 996-2221 • www.vmbulldogs.com  
 • Waukee  
 987-5161 • www.waukeeschools.org  
 • West Des Moines  
 633-5000 • www.wdmcs.org  
**Social Security Offices** ..... 800-772-1213  
**Street Light Outages**  
 MidAmerican Energy..... 1-888-427-5632  
**Street Repairs/Cleaning** ..... 222-3480  
 publicservices@wdm.iowa.gov

**Taxes** ..... See Property Tax  
**Tickets Moving Violations**  
 • Dallas County ..... 993-5816  
 • Polk County ..... 222-3772  
 • Madison County ..... 462-1542  
 • Warren County ..... 961-1032  
**Parking Violations (non-moving)**  
**Finance** ..... 222-3600  
**Traffic Signals/Street Signs** ..... 222-3480  
 publicservices@wdm.iowa.gov  
**Trash Collection** ..... 265-7374  
 Waste Connections • www.wasteconnections.com  
**Tree Planting Permits** ..... 222-3417  
 publicservices@wdm.iowa.gov  
**Utilities Mid American Energy**  
 Gas & Electric..... 1-888-427-5632  
 EMERGENCY ..... 1-800-595-5325  
 One Call Line Locator..... 1-800-292-8989  
 www.midamericanenergy.com  
**Valley Junction Activity Center** .. 222-3440  
**Valley Junction Foundation**..... 222-3642  
**Vehicle Registration**  
 ..... See Motor Vehicle License Plates/Registration  
**Vital Records**  
 • Dallas County ..... 993-5804  
 • Polk County ..... 286-3781  
 • Madison County ..... 462-3771  
 • Warren County ..... 961-1089  
**Voter Registration**  
 • Dallas County ..... 993-6914  
 • Polk County ..... 286-3080  
 • Madison County ..... 462-3914  
 • Warren County ..... 961-1020  
**Iowa Elections Division**..... 281-8849  
**Water Treatment Plant** ..... 222-3465  
 1505 Railroad Ave.  
**West Des Moines Water Works**.. 222-3460  
 Water/Solid Waste, New Service, Service  
 Changes/Maintenance.... 1505 Railroad Avenue  
 www.wdmww.com • waterworks@wdmww.com  
**Westcom**  
 • EMERGENCY ..... 911  
 • Dispatch Non-Emergency..... 222-3321  
**WestPet** ..... 273-0651  
 Animal Licenses • www.westpet.org  
**Yard Waste – Compost IT!**  
 Waste Management ..... www.wm.com  
 General Info/Questions ..... 1-800-796-9696  
 Missed Pickup ..... 1-800-796-9696

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.



# WDM Public Library

**Mission Statement:** The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

## WDM Library *Adult Programs*

### REGISTRATION DETAILS

Unless otherwise indicated, adult programs are free, held in the Community Room, for ages 18 & up, and require advance registration which begins at 9 am on the date in brackets; no registration date means register anytime. Register online, in person, or by phone.

reference desk | 515.222.3403 | [wdmlibrary.org](http://wdmlibrary.org)

### WINTER READING CLUB

**Dec 1 - Jan 31**

The WDM Library wants YOU to keep reading during winter break! Sign up online and track your reading to earn a prize. See our website for more information.

### PAPERCRAFTS C.L.U.B.

**Sat 10 am-4 pm: Dec 1, Jan 5, Feb 9, Mar 2, Apr 6**

Be it scrapbooks, holiday cards, book folding, or coloring, we welcome all papercrafters! Bring a project and your own supplies (no sales at the event). We'll provide snacks and cutting tools. Sponsored by the WDM Library Friends Foundation. Registration preferred.

### MEDICARE BASICS

**Check our web calendar for dates (TBA) • Millie Knee Classroom**

If you are 65 or near retirement, this FREE seminar provides... background/over-view of what Medicare does/does not cover • information on Medicare Supplement and Advantage plans • ways to protect your savings from out-of-pocket Medicare expenses. – Presented by certified senior advisor Cody L. Crumes of Crumes Insurance. Limited seating. Registration required. 515.491.9743 • [cody@crumesinsurance.com](mailto:cody@crumesinsurance.com)

### TECH: ONE-ON-ONE

**Check our web calendar for dates (TBA) • Millie Knee Classroom**

If you have a specific computer, mobile device, or other technology related questions, we're here to help! Sign up for assistance on setting up an email account, downloading eBooks, Word and Excel basics, online job applications, using online resources, and more. You may bring your own device; however, staff is unable to troubleshoot or diagnose malfunctioning computers or devices. 30-minute sessions. Basic computer/mouse skills assumed. Registration required.



## WDM Library *Adult Programs*

### PARENTING PROGRAMS

#### BABIES ON THE MOVE

**Thu at 10 am : Dec 6, Jan 3, Feb 7, Mar 7, Apr 4 | 1 mo-18 mo & Parent**

#### PARENT QUEST

**1st Fri 11-noon: Dec 7, Jan 4, Feb 8, Mar 8, Apr 5 | Parents of babies/toddlers/preschoolers**

See Youth Programs section for details.

### COLOR CONNECTION: ADULT COLORING CLUB

**2nd Tue 2-4 pm • Millie Knee Classroom**

**Dec 11, Jan 8, Feb 12, Mar 12, Apr 9**

Guaranteed to cure rheumatism, chill blains, toothache, and warts! Okay, not really, but it IS relaxing and F-U-N! Bring your own supplies or use ours. Make the color connection! Sponsored by the WDM Library Friends Foundation. Registration preferred.



### THE IOWA FILES: A HISTORY SERIES

**Sun | 2:30-3:30 pm**

The WDM Historical Society presents an Iowa history series at the WDM Public Library. Ages 18 & up. No registration.

**Jan 13: VISIT FROM A CIVIL WAR SOLDIER – Presenter**

**O.J. Fargo**

**Feb 17: JOSIAH GRINNELL AND THE IOWA UNDERGROUND RAILROAD – Presenter David Connon**

**Mar 17: IOWA'S MISBEHAVING WOMEN – Presenter Cheryl Mullenbach**

**Apr 14: REFUGEES & IMMIGRANTS IN IOWA – Presenter Zeljka Krvavica**

**May 19: EXPLORING IOWA & ITS HISTORIC GEMS – Presenter Dan Kaercher**

### CHECKMATES: CHESS & BOARD GAME CLUB

**4th Thu 6:30-8 pm: Jan 24, Feb 28, Mar 21, Apr 25**

For those who know the basics, we'll provide chess sets and feature a different board game each month. No Nov/Dec Checkmates due to the holidays. Sponsored by the WDM Library Friends Foundation. Ages 6-adult. Registration preferred.

### HOLIDAY CARDS

**Fri: 6:30-9 pm | Jan 25 [1/7]**

When you care enough to make it yourself! Make three holiday cards for special friends or family. Jan – Valentines. Friends sponsored. Ages 18 & up. Registration required.

### BEADING BASICS

**Tue, Apr 16 | 6:30 pm**

Learn to wire wrap as we create a pair of earrings. Must see well enough to thread a needle and follow step-by-step instructions. Sponsored by the WDM Library Friends Foundation. Registration required.



WEST DES MOINES  
HISTORICAL SOCIETY  
*Preserving the past for the future.*



## WDM Library *Adult Programs*

### WDM WRITER'S CLUB

2nd & 4th Sat @ 10 am • Millie Knee Classroom

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. Call for details. 515.222.3413



## Adult Book Discussions

*Sponsored by the  
WDM Library Friends Foundation*

### YA NOT CLUB READ

2nd Thu @ 6:30 pm: Dec 13, Jan 10,  
Feb 14, Mar 14, Apr 11

Locations TBA

If you're a "grown-up" who loves YA (Young Adult) books, WHY NOT join us for YA NOT Club Read – the not-so-serious book club? Books are distributed at the meetings. Remaining copies are available at the front desk. Anyone who has read the book is welcome. Registration required. courtney.bench@wdm.iowa.gov • 515.222.3403 • wdmlibrary.org

### CLUB READ

Tue @ 6:30 pm • Millie Knee Classroom

Jan 8 I Shall Be Near to You  
by Erin Lindsay McCabe  
Feb 5 The Housekeeper and the Professor by Yoko Ogawa  
Mar 5 The Home for Unwanted Girls by Joanna Goodman

Books are distributed at the meetings. Remaining copies are available at the front desk or you may bring your own copy. Registration preferred.



### CLUB READ SOCIAL

Tue | 6:30-8:30 pm | Dec 4, Apr 2  
Community Room

Make new friends! Discover new authors! Bring an appetizer or dessert to share and we'll each talk about our top three reads since the last Social. Newcomers welcome. Registration preferred.

### SILENT CLUB READ

Mon: Dec 3, Jan 7, Feb 4, Mar 4, Apr 1  
| 6:30-8 pm

6:30 pm: Social Time 7 pm: Silent Reading • Millie Knee Classroom

Take time for YOU. We'll have beverages or you can bring your own covered drink. Spend a few minutes chatting about books with other bibliophiles, then relax with the book of your choice. Give yourself permission to sit back and soak in the quiet. Registration preferred.



## ONE PASS, FOUR ADVENTURES

ONE PASS, FOUR ADVENTURES

WDM Library users with a card in good standing may check out passes to four local attractions: The Blank Park Zoo, Greater Des Moines Botanical Gardens, Living History Farms, and Science Center of Iowa.

See our website for more information.

[wdmlibrary.org/advpass](http://wdmlibrary.org/advpass)



## HOTSPOTS

Check out "HotSpots" from the WDM Library! HotSpot devices provide password-protected wi-fi access in places where it might not otherwise be available, like road trips, campgrounds, etc. Available to WDM residents, ages 18 & up, with WDM Library cards in good standing (no lost items or fines). Users are financially responsible for lost or damaged HotSpots. 515.222.3403



## SUPPORT ADULT PROGRAMS WHEN YOU JOIN THE FRIENDS!

Friends memberships pay for many ADULT programs: Club Read and YA Not Club Read; Holiday Cards; Color Connection; Papercrafts C.L.U.B.; Adult Summer Reading Club; Beading Basics; Iowa Author Series; Music 792 & You; Tech: One-On-One; and more!

**Donations are tax deductible!**

**WDM Library Friends Foundation**  
4000 Mill Civic Pkwy, WDM, IA 50265  
222-3407 • [wdmlibrary.org](http://wdmlibrary.org)



# EARLY LITERACY

"Early literacy is what children know about reading and writing before they actually learn to read and write. It is not the teaching of reading, but is laying the foundation for reading so that when children are taught to read, they are ready." – from Early Literacy Storytimes @ Your Library by Pamela Martin-Diaz and Saroj Nadkarni Ghoting.

## Why is Early Literacy important?

Acquiring early literacy (pre-literacy) skills before school leads to reading achievement and academic success. Children who enter school with well-developed early literacy skills are ready to learn to read.

## What are the Six Early Literacy Skills?

1. Letter Knowledge – knowing the names and sounds of letters; recognizing that the same letter can look different (upper vs. lower case, different fonts)
2. Narrative Skills – being able to describe events and tell stories
3. Phonological Awareness – the ability to hear and play with the smaller sounds that make up words
4. Print Awareness – noticing print; the ability to handle a book; understanding how to follow the words on a page
5. Print Motivation – showing interest and enjoying books
6. Vocabulary – knowing the names of things



## What can YOU do to help your child?

- Allow your child time to talk while you listen attentively
- Encourage your child to handle books and "tell" you the story
- Provide an atmosphere that is fun and language rich
- Read often and make reading time an enjoyable time
- Read, sing, talk, and play with your child
- Write and color with your child to develop fine motor skills

## How can the WDM LIBRARY help?

- Ask a librarian for suggestions
- Use our recommended reading lists to find materials your child may enjoy
- Check out library materials to use at home
- Attend age appropriate library programs (see our Storytime Series)



# Storytime Series

Advance registration is required [date in brackets] and begins at 9 am. Programs are held in the Library Storyroom unless otherwise indicated. Storytimes are FREE! Register online, in person, or by phone. youth services | 515.222.3405 | wdmlibrary.org

**Daycares with more than five children, please call the Youth Services Desk for information about programming for groups.**

Our youth services STAFF are trained in early childhood development. Programs focus on early literacy skills and fun!

**STORYTIMES** offer an age-appropriate selection of books or stories; felt-boards; music and movement; interactive fingerplays and rhymes; puppetry and/or crafts.

**ACTIVITIES** reinforce pre-reading skills: • body part identification • counting • rhythm • sensory stimulation • fine/gross motor skills • animal sounds • creative play • and more – so preschoolers can become successful readers! Build a lifelong love of books and reading at the library!

## MOTHER GOOSE TIME

6 mo-2 yrs w/adult

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Registration required.

**Mon @ 9:30, 10 & 10:30 am:**

Dec 10 & 17 [12/3] | Jan 14, 21 & 28 [1/7] | Feb 11, & 25 [2/4] | Mar 11, 18 & 25 [3/4] | Apr 8, 15 & 22 [4/1]

## LAPSIT LAMBS

1 mo-18 mo w/adult

Language rich activities designed for pre-walking babies. Includes play ideas that are easily integrated into baby's everyday routine. Registration required.

**Tue @ 9:30 & 10:30 am:**

Dec 11 & 18 [12/3] | Jan 15, 22 & 29 [1/7] | Feb 12, 19 & 26 [2/4] | Mar 12, 19 & 26 [3/4] | Apr 9, 16 & 23 [4/1]

**Thu @ 9:30 & 10:30 am:**

Dec 13 & 20 [12/3] | Jan 17, 24 & 31 [1/7] | Feb 14, 21 & 28 [2/4] | Mar 14, 21 & 28 [3/4] | Apr 11, 18 & 25 [4/1]



## DROP-IN FAMILY STORYTIME

0-6 w/adult

Stories, songs, and interactive fingerplays. No registration!

**Mon @ 6:45 pm:**

Dec 10 & 17 | Jan 14, 21 & 28 | Feb 11 & 25 | Mar 11, 18 & 25 | Apr 8, 15 & 22

**Wed @ 9:30 & 10:30 am:**

Dec 12 & 19 | Jan 16, 23 & 30 | Feb 20 & 27 | Mar 13, 20 & 27 | Apr 10, 17 & 24

## DROP-IN OLIVER'S PUPPY TALES

0-6 w/adult

Enjoy stories and more with little Oliver, followed by gross and fine motor play. Library Community Room. No registration.

**Thu @ 10:30 am:**

Dec 13 & 20 | Jan 17, 24 & 31 | Feb 21 & 28 | Mar 14, 21 & 28 | Apr 11, 18 & 25

**Fri @ 10:30 am:**

Dec 14 & 21 | Jan 18, 25 & Feb 1 | Feb 22 & Mar 1 | Mar 15, 22 & 29 | Apr 12, 19 & 26



## 1000 BOOKS BEFORE KINDERGARTEN

0-6 yrs & Parents



Read to succeed! The best and the brightest have parents who read to them. Track the time YOU read with your child. When you reach 1000 books, pick up a free book for your home collection! Register anytime online.

## WDM Library *Youth Programs*

All youth programs are free and most require advance registration, which begins at 9 am on the date in brackets.

Programs are held in the Library Community Room unless otherwise indicated. Many events fill quickly and have a waiting list. Please let us know a.s.a.p. if you are unable to attend a program. If you do not arrive within 10 minutes of the start time, your spot will be offered to the next person on the waiting list.

Register in person, by phone, or online.

Youth Services | 515.222.3405 | [wdmlibrary.org](http://wdmlibrary.org)

### WINTER READING CLUB

Dec 1 - Jan 31 | all ages

The WDM Library wants YOU to keep reading during winter break! Sign up online and track your reading to earn a prize. See our website for more information.

### HOLIDAY CARDS FOR KIDS

Wed, Dec 5 [10/29] | 3:45 pm | ages 5-12

Make a card for your friends and family at our junior holiday cards workshop. Registration required.

### KIDS CLUB READ

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. For January, bring along a food item related to your book. Sign up at the Youth Services Desk.

1st Thu | 4:15 pm | ages 8-12

Dec 6 - **Sammy Keyes and the Runaway Elf** by Wendelin Van Draanen

Jan 3 - **reader's choice**

Feb 7 - **Stella by Starlight** by Sharon M. Draper

Mar 7 - **Bunnicula** by James Howe

Apr 4 - **Wings of Fire** by Tui T. Sutherland

### PARENT QUEST

1st Fri 11-noon | Parents of babies/toddlers/preschoolers

Dec 7 [8/1] | Jan 4 [12/3] | Feb 8 [1/7] | Mar 8 [2/4] | Apr 5 [3/4]

Parents learn while their children play with Imagination Playground blue blocks. Presented by Jessica Pierce, Early Childhood Parent Educator, WDMCS Community Education. Refreshments provided. Subject for December is Anxiety/Mental Illness in Early Childhood. See our website for future topics and details. Registration required.

## PARENTING PROGRAMS

### BABIES ON THE MOVE

Thu at 10 am : Dec 6 [8/1] | Jan 3 [12/3] | Feb 7 [12/3] | Mar 7 [12/3] | Apr 4 [12/3] | 1 mo-18 mo & Parent

Parent/child programs. December is Playtime! featuring multiple stations for active and sensory play. See our website calendar for future themes and details. Registration required.

## WDM Library *Youth Programs*

### TEEN GROUP SERVICE PROJECT (GSP)

1st Wed | 3-5 pm: Dec 5, Jan 2, Feb 6, Mar 6 | ages 14-18

If you need volunteer hours, we need responsible students to do various library projects and tasks. No experience necessary, but positions are limited! For more information contact [wdmlibraryvolunteers@wdm.iowa.gov](mailto:wdmlibraryvolunteers@wdm.iowa.gov).

### TEEN ADVISORY BOARD (TAB)

2nd Wed (May-Sep) | 3-4 pm

ages 12-18

Dec 12, Jan 9, Feb 13, Mar 13, Apr 10

Millie Knee Classroom

Earn volunteer hours AND make the library a better place for teens! TAB members give input in teen activities and young adult materials; host fundraisers for teen programming; participate in community activities; help with youth programs; and more. Stop by a meeting or pick up an application today! 515.222.3405 | [youthservices@wdm.iowa.gov](mailto:youthservices@wdm.iowa.gov)

### WORD.

Wed @ 3 pm | ages 12-18

Dec 19 [12/3] | Jan 23 [1/7] | Feb 27 [2/4] | Mar 27 [3/4] | Apr 24 [4/1]

Word is a monthly hangout for teens.

Some months we will create.

Some months we will build.

Some months we will eat snacks or watch a movie.

Every month it will be rad.

Come to Word this month.

Registration required.

### POLAR EXPRESS PAJAMA PARTY

Wed, Dec 12 | 3:45 pm | ages 5-10

All aboard! Put on your PJs for a fun and festive afternoon celebrating Chris Van Allsburg's award-winning tale. Registration begins Dec 3.



### WESTRIDGE SINGERS

Fri, Dec 14 | 1:15 pm | all ages

Enjoy a whimsical winter concert by Westridge Elementary's talented 5th & 6th grade chorus! No registration.

### DROP-IN WINTER CRAFT

Wed, Dec 26 - Mon, Dec 31 | ages 1-12

Come in to the Youth Services Department any time during open hours we'll have a wonderful winter craft for you. (Library closes at noon on Dec 31.) No registration.

### SHAKE, RATTLE & ROLL

Thu, Jan 10 & Fri, Jan 11 | 9:30 am | ages 1-4 & 10:30 am | ages 2-6

Bop into the library to rock'n'roll, do The Stroll, twist and shout, sing it out...in this upbeat music and movement program. Registration begins Jan 7.

### AFTER SCHOOL LEGO ADVENTURES

Wed | 3:45 pm: Jan 16 [1/7], Feb 20 [2/4], Apr 17 [4/1] | ages 5-12

Wed | 1:30 pm: Mar 20 [3/4] SPRING BREAK LEGO ADVENTURES | ages 5-12

With LEGOs you can build anything, so have an exciting afternoon at the library. Who knows what you might create? Registration required.

### MODEL TRAINS!

Sat, Jan 19 | 9 am-5 pm & Sun, Jan 20 | 2-4 pm | all ages

Stop by to see the DesMoinNTrak's N-scale working layout! Open to adults and children of all ages. Be sure to stop by the Youth Services Department for a terrific train craft before you leave! No registration!

### ROBOTICS WORKSHOP WITH YOUTHCODE

Wed, Jan 23 | 3:45 pm | ages 7-14

Explore a variety of robotics equipment with staff and volunteers from YouthCode. Registration required.



## WDM Library *Children's Programs*

### CHECKMATES: CHESS & BOARD GAME CLUB

4th Thu 6:30-8 pm: Jan 24, Feb 28, Mar 21, Apr 25, May 23 | ages 6-adult

For those who know the basics – we'll provide chess sets and feature a different board game each month – or bring your own! To learn chess, see Chess Club below. Sponsored by the WDM Library Friends Foundation. No Dec Checkmates due to the holidays. Registration preferred.

### CHESS CLUB

Mon | 6:30 pm | all ages

Offered most Mondays, this is a non-competitive environment for playing chess, learning chess or discussing all things chess. Program is not monitored by Library staff. See library calendar for specific dates. No registration.

### VALENTINE CARD WORKSHOP FOR KIDS

Wed, Feb 6 | 3:45 pm | ages 4-12

Make some love-ly Valentines for your friends and family at the library. Early registration begins Mon, Jan 7.

### VALENTINE PARTIES!

Wed, Feb 13 & Thu, Feb 14 | 10:30 am | ages 0-6

Join us for a Valentine puppet show, sweet holiday stories, silly songs, and a take-home craft. Registration begins Mon, Feb 4.

### SPRING BREAK DROP-IN CRAFT

Mon, Mar 18 - Sat, Mar 23 | ages 1-12

Stop by the Youth Services Department over Spring Break and we'll have a seasonal craft for you. No registration.

### WATERCOLOR WORKSHOP

Tue, Mar 19 | 1:30 pm | ages 7-12

Learn about watercolor techniques as you create your own masterpiece. Registration begins Mar 4.

### SPRING BREAK FRIDAY FLICKS

Fri, Mar 22 | 1:30 pm

Let's all enjoy a movie to wrap up the Spring Break week. Popcorn and water provided, or bring your own snack and covered drink (no peanut products). Caregivers must determine age-appropriateness. No registration.

### WDM WRITES POETRY NIGHT

Thu, Apr 11 | 6:30 pm | all ages

Celebrate National Library Week and Poetry Month with a live poetry reading event! Winners from the 2019 WDM Writes Poetry Contest will be present to share their winning works. Everyone is welcome!

### MAY BASKETS

Tue, Apr 30 | 10:30 am | ages 0-6

Tra la...it's May! So come to the library and make May baskets to share with your friends. Registration begins Apr 1.

## IF YOU ENJOY OUR YOUTH PROGRAMS, PLEASE JOIN THE FRIENDS!

- Friends memberships pay for many of our special youth programs throughout the year. During the 2017-18 Fiscal Year, the library offered **574** children's programs with **34,526** attendees.
- \* Memberships provide incentives to the 2,500 children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- \* Your donation is tax deductible!

### WDM Library Friends Foundation

4000 Mill Civic Pkwy, WDM, IA 50265 • 222-3407 • [wdmlibrary.org/support-the-library](http://wdmlibrary.org/support-the-library)

## WDM Library *services*

Questions?  
Call 222.3400

All services are **free** unless otherwise indicated.

### LIBRARY HOURS

(Labor – Memorial Day)

Mon-Thu: 9 am–9pm | Fri: 9 am–6 pm

Sat: 9 am–5 pm\* | Sun: 2 pm–5 pm\*

\*SUMMER HOURS

Sat: 10 am–4 pm | Sun: Closed

Call or check our website for holiday hours.

515.222.3400 • [wdmlibrary.org](http://wdmlibrary.org)

### GET A LIBRARY CARD...IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

### WDM LIBRARY.ORG

Access the library 24/7 from the comfort of home. See today's news and events on our homepage; search for items in our catalog; check your account; renew materials; use online databases; sign up for programs; make a donation; or visit blogs for Kids, Teens, and Adults.



### MY ACCOUNT

#### BY PHONE OR ONLINE

Use your library card barcode and pin number to access "my account login." See titles checked out/due dates; requested items/wait list positions; and overdue materials/charges accrued. Renew all items or individual titles if you have the barcodes.

515.225.1576 • [wdmlibrary.org](http://wdmlibrary.org)

#### WE TAKE RESERVATIONS (ITEM REQUESTS)

Request items by phone or online from your account. We'll let you know when it's ready to pick up. If we don't own it, we can usually get it for you within a short time. Long wait list? Don't worry. We buy one copy for every six book reserves.

515.222.3400 • [wdmlibrary.org](http://wdmlibrary.org)

#### MOBILE ACCESS

Browse the library catalog, hold or renew a book, check your account, find events, and more with any internet-connected mobile phone. Search your app store for West Des Moines Library and download. It's free.

515.222.3400 • [wdmlibrary.org/app](http://wdmlibrary.org/app)



## RESEARCH

### REFERENCE TOOLS

From our homepage, find links to great websites, listed by category: Life Links; Books, Music and Entertainment; Hobbies and Interests; Local Interest; Government; General Reference; and Travel and the Outdoors. Got a question? We can help!

**515.222.3403 • [wdmlibrary.org](http://wdmlibrary.org)**

### DATABASES

We have a variety of electronic resources available in the library; most are also accessible from home. We have 40+ online exclusive services to choose from on our website on a variety of topics, i.e. business, genealogy, periodical searching, readers' advisory, travel, hobbies, and more.

**515.222.3403 • [wdmlibrary.org/databases](http://wdmlibrary.org/databases)**

## USING THE LIBRARY

### E-CONTENT

The library has eBooks and eAudiobooks, plus digital magazines, graphic novels, and eComics! Bridges, Flipster, World Cinema Collection, InstantFlix, and more. Get details online or at the Reference Desk

**515.222.3403 • [wdmlibrary.org](http://wdmlibrary.org)**

### PUBLIC MEETING & STUDY ROOMS

Available for public use at no charge: small rooms for 8 people, Millie Knee Classroom (20), Community Room (60). Call for guidelines/reservation details.

**515.222.3400 • [wdmlibrary.org](http://wdmlibrary.org)**

### HOMEBOUND DELIVERY: WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons, and interested in receiving regular monthly visits from a volunteer, give us a call.

**515.222.3400 • [wdmlibrary.org](http://wdmlibrary.org)**

### BOOK CLUB COLLECTION

The library has multiple copies of past Club Read titles available for local book clubs to borrow. See our website for titles list. Advance reservations required.

• **515.222.3585 children's titles**

• **515.222.3410 adult titles**

**[wdmlibrary.org](http://wdmlibrary.org)**

## CALENDAR

### SCHEDULE OF EVENTS

Check our online calendar for events and descriptions. Searchable by event type and age group. Selecting an event will link to the online registration form (if required). You may also register in person or by phone.

**515.222.3400 • [wdmlibrary.org](http://wdmlibrary.org)**

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization. Each year, the Friends contribute \$12,000 to library programming. In addition, Friends Memberships funded these special projects:

• Rotating Outreach Collection • Outreach Van • TaleTrail • Charging Stations • BookPage Subscription • Laptop Lab • iPads • Artwork • Flannel Board • Summer Reading Clubs • More!

## WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE

Contributions mean more programs and more books for YOU!

☞ **Your donations are tax deductible** ☞

### WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA 50265

**515.222.3407 • [wdmlibrary.org](http://wdmlibrary.org)**

*Like the Friends on Facebook @ WDMLibraryFriends*



## SUPPORT THE LIBRARY

### FRIENDS FOUNDATION: GIFTS & MEMORIALS

Honor friends, family, or special occasions through the Book Buy Book program. Your tax-deductible donation (\$25 per book) builds a better library collection for all to enjoy. Larger gifts may fund a special project or the Friends endowment. Online donations accepted.

**515.222.3407 [wdmlibrary.org/support-the-library/friends-foundation](http://wdmlibrary.org/support-the-library/friends-foundation)**

### FRIENDS BOOK SALE AREA

Find great bargains in the corner by the children's periodicals – from 10¢ magazines to \$1 hardbacks – adult and children's titles. Coordinated by the Friends Foundation, proceeds benefit library programs and collections. • **515.222.3400**

### VOLUNTEER

Applications available at our service desks or online. We need reliable adult volunteers, especially in our homebound delivery program. Student applicants must be age 13 or older AND completed 7th grade. Summer applications available in early April; Group service projects during the school year.

**515.222.3400 • [wdmlibrary.org](http://wdmlibrary.org)**





## ABOUT THE LIBRARY

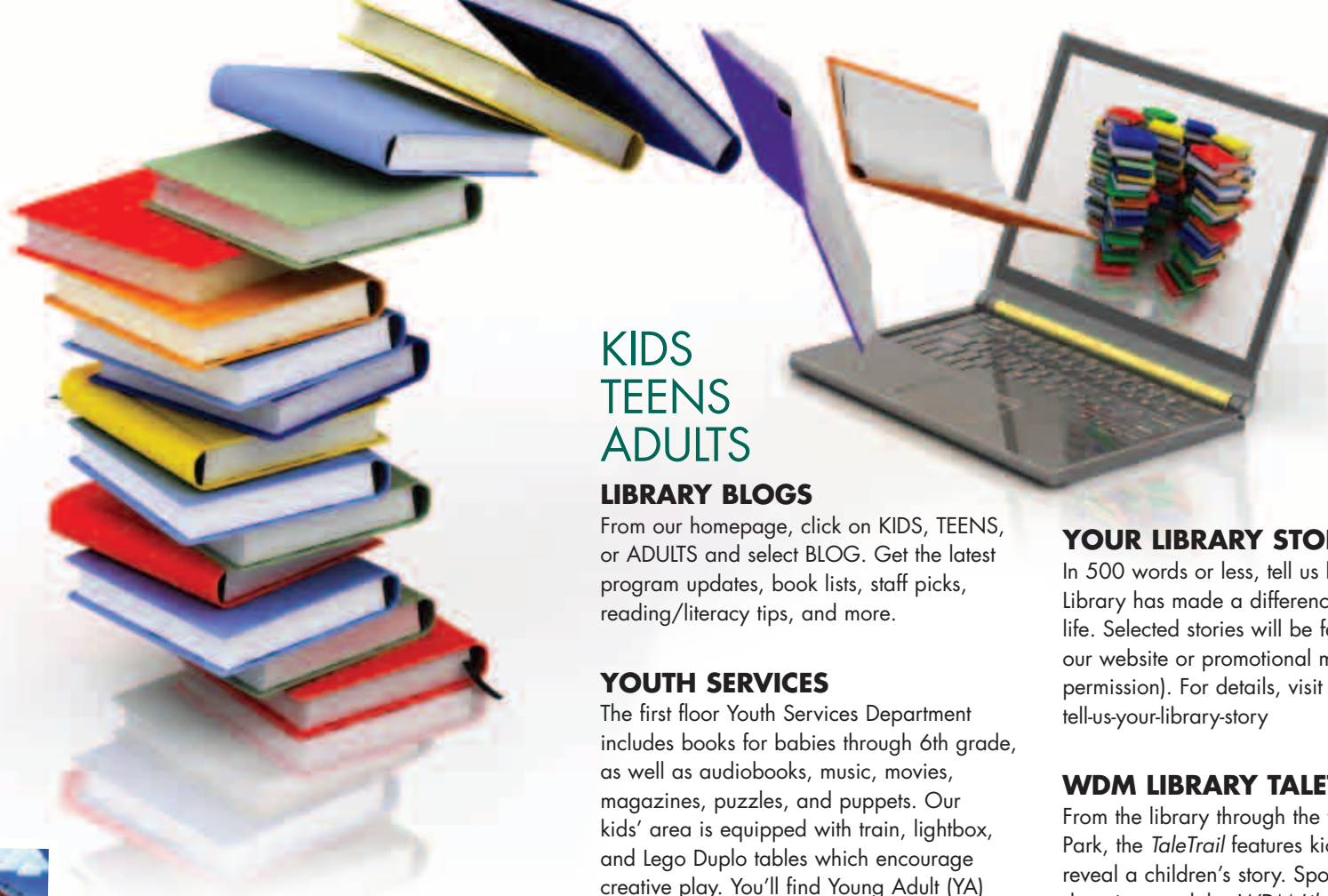
### MORE THAN BOOKS

Your library is more than a warehouse for books. It's a place to meet, discover, relax, and enjoy a variety of reading, viewing, and listening materials.

### TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet and wireless access. Overhead projector and iPads available for checkout. Hate long lines? Try a 3M SelfCheck machine!

**515.222.3400 • [wdmlibrary.org](http://wdmlibrary.org)**



## KIDS TEENS ADULTS

### LIBRARY BLOGS

From our homepage, click on KIDS, TEENS, or ADULTS and select BLOG. Get the latest program updates, book lists, staff picks, reading/literacy tips, and more.

### YOUTH SERVICES

The first floor Youth Services Department includes books for babies through 6th grade, as well as audiobooks, music, movies, magazines, puzzles, and puppets. Our kids' area is equipped with train, lightbox, and Lego Duplo tables which encourage creative play. You'll find Young Adult (YA) materials upstairs, along with comfy seating and study tables. For info on programs and activities, drop in or check out our website.

**515.222.3403 • [wdmlibrary.org/teens](http://wdmlibrary.org/teens)**

### SOCIAL NETWORKS

Find links to Twitter, Facebook, and Pinterest on our homepage. Like us on Facebook. Follow us on Twitter @wdmlibrary, @wdmlibrarychild or @wdmlibraryteen to receive "tweets" (updates) on library happenings. Our Pinterest page includes Activities for Kids, Book Club Picks, Staff Picks, and more!

**515.222.3403 • [wdmlibrary.org](http://wdmlibrary.org)**



### YOUR LIBRARY STORY

In 500 words or less, tell us how the WDM Library has made a difference in YOUR life. Selected stories will be featured on our website or promotional materials (with permission). For details, visit [wdmlibrary.org/tell-us-your-library-story](http://wdmlibrary.org/tell-us-your-library-story)

### WDM LIBRARY TALETRAIL

From the library through the tunnel to Ashawa Park, the *TaleTrail* features kiosks that slowly reveal a children's story. Sponsored by private donations and the *WDM Library Friends Foundation* in memory of Dr. Robert C. Brooks. New tales quarterly.

### DRIVER'S LICENSE RENEWAL KIOSK

Renew your Iowa driver's license at the library! The DOT kiosk issues a temporary document; the new license or ID will be mailed to the user. Credit/debit cards accepted; no cash. Available during library hours. See our website for details and restrictions. [wdmlibrary.org/using-the-library/iowadot-drivers-license-renewal-kiosk](http://wdmlibrary.org/using-the-library/iowadot-drivers-license-renewal-kiosk)



# WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services. For almost 40 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



## TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<b>WESTSIDE COMMUNITY CENTER</b> Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee Park area). Along with a nutritious lunch, enjoy fun daily activities.	Trans. Supervisor <b>222-3661</b>  134 6th St. Westside Community Center	M – F 8am – 4pm Lunch served at 11:30 am	<ul style="list-style-type: none"> <li>Seniors (60+)</li> <li>Reservations must be made by noon, two business days in advance</li> </ul>	donations encouraged
<b>APPOINTMENTS</b> Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)	Trans. Supervisor <b>222-3661</b>	M – F 8am – 4pm	<ul style="list-style-type: none"> <li>Seniors (60+), disabled and low-income residents of WDM</li> <li>Reservations must be made by noon, two business days in advance</li> </ul>	donations encouraged



## WDM Human Services *programs*

### Human Services Mission:

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

## TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<b>SENIOR DINNER CLUB</b> Seniors (60+) have the opportunity to enjoy each others dining company while at one of our local restaurants.	Trans. Supervisor <b>222-3661</b>	First Tuesday of each month	<ul style="list-style-type: none"> <li>WDM senior residents (60+)</li> <li>Reservations must be made by noon, two business days in advance</li> </ul>	Cost of your dinner  Transportation FREE (donations encouraged)



## CITIZENS WITH SPECIAL NEEDS

<b>FRIENDSHIP CONNECTION</b> Friendship Connection is a program for adults with special needs.	Human Services Staff <b>222-3660</b>	Thursdays 10am – 11:30am	<ul style="list-style-type: none"> <li>Adults with special needs</li> </ul>	NONE
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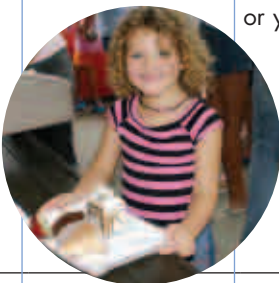


## Friendship Connection

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3665 or visit our website at [www.wdm.iowa.gov/HumanServices](http://www.wdm.iowa.gov/HumanServices).



## FOOD

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<b>DMARC FOOD PANTRY</b> Food is available at WDM Human Services for households in need.	Human Services Staff <b>222-3660</b>	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon  2nd & 4th Tues of each month 4 pm – 6 pm	<ul style="list-style-type: none"> <li>Must provide ID for all household members and proof of address</li> </ul>	NONE  <i>Funding for this program is provided by USDA which is an equal opportunity employer.</i>
<b>HOLIDAY FOOD ASSISTANCE</b> Food assistance for the holidays is available to eligible WDM households.	Human Services Staff <b>222-3660</b>	<ul style="list-style-type: none"> <li>Walk-ins welcome</li> <li>Deadlines apply – see website</li> </ul>	<ul style="list-style-type: none"> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	NONE
<b>BREAD DISTRIBUTION</b> Donated bakery items are available weekdays for households in need.	Human Services Staff <b>222-3660</b>	M – F 9am	NONE	NONE
<b>SUMMER FOOD SERVICE PROGRAM</b> The state of Iowa and WDM Community Schools provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.	Human Services staff <b>222-3660</b>	Lunches served M-F, beginning in June – See website for dates, times and locations.	All children 18 years or younger  	FREE for children 18 years or younger
<b>GARDEN PROGRAM</b> Offset the cost of food by growing your own garden. Tilling is available to elderly & disabled residents of WDM.	Human Services Staff <b>222-3660</b>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm  Registration begins in April	<ul style="list-style-type: none"> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	NONE



## HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<b>ENERGY ASSISTANCE (LIHEAP)</b> The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.	Human Services Staff <b>222-3660</b>  <ul style="list-style-type: none"> <li>Call for an appointment</li> <li>Walk-ins welcome</li> </ul>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm  Application period begins: <ul style="list-style-type: none"> <li>10/1 for seniors (60+) and disabled households</li> <li>11/1 for all other households</li> </ul> Application period ends the last business day in April	<ul style="list-style-type: none"> <li>Low-income households in Polk County</li> <li>Social security card &amp; date of birth for all household members</li> <li>Past 30 days of verifiable income from all sources for all household members, or 2017 income tax return</li> <li>Current MidAmerican Bill</li> </ul>	NONE
Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 465-5185				
<b>EMERGENCY FINANCIAL ASSISTANCE</b> Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.	Human Services Staff <b>222-3660</b>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> <li>Low income WDM residents</li> <li>Residents must present lease or utility bill</li> <li>Past 30 days of verifiable income from all sources for all household members, or 2017 income tax return</li> </ul>	NONE
<b>ASSISTANCE WITH GOVERNMENT FORMS</b> Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.	Human Services Staff <b>222-3660</b>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	Service area residents	NONE





## YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<b>YOUTH RECREATIONAL ASSISTANCE</b> Limited scholarships for recreational/educational youth activities offered through WDM Parks & Recreation are available to eligible households.	Human Services Staff <b>222-3660</b>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> <li>• WDM resident</li> <li>• Proof of income</li> <li>• Proof of address</li> <li>• ID required for all household members</li> </ul>	50% off program fee (client pays part of fee)
<b>SCHOOL SUPPLIES</b> School supplies are available on a limited basis in August including classroom supplies and backpacks.	Human Services Staff <b>222-3660</b>	<ul style="list-style-type: none"> <li>• See website for dates</li> <li>• Registration begins in July</li> </ul>	<ul style="list-style-type: none"> <li>• WDM resident</li> <li>• Proof of income</li> <li>• Proof of address</li> <li>• ID required for all household members</li> </ul>	NONE
<b>HOLIDAY ASSISTANCE</b> Need help with the holidays? Programs are available for qualifying WDM households including Adopt-A-Family and Toyland.	Human Services Staff <b>222-3660</b>	<ul style="list-style-type: none"> <li>• Walk-ins welcome</li> <li>• Deadlines apply – see website</li> </ul>	<ul style="list-style-type: none"> <li>• WDM resident</li> <li>• Proof of income</li> <li>• Proof of address</li> <li>• ID required for all household members</li> </ul> 	NONE
<b>POOL PASSES</b> Pool passes are available to low-income residents of West Des Moines.	Human Services Staff <b>222-3660</b>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm  Registration begins in April	<ul style="list-style-type: none"> <li>• WDM resident</li> <li>• Proof of income</li> <li>• Proof of address</li> <li>• ID required for all household members</li> </ul> 	Reduced Rate – varies depending on household income

## HOUSING

### HOUSING SOLUTIONS

A short-term rental and support services program (Rapid Rehousing) for homeless families residing in emergency shelters with minor children

Housing Solutions Coordinator <b>222-3666</b>	M – F 8am – 4pm  Limited availability	<ul style="list-style-type: none"> <li>• Eligible homeless participants will need to meet HUD homeless guidelines and income criteria</li> <li>• Must be referred by Primary Healthcare (515-248-1850)</li> </ul>
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## CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
Gently used clothing and housewares are available to those in need on a monthly basis.	Human Services Staff <b>222-3660</b>	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon  2nd & 4th Tues of each month: 4 pm – 6 pm	<ul style="list-style-type: none"> <li>• Proof of income</li> <li>• Proof of address</li> <li>• Service area resident</li> <li>• ID required for all household members</li> </ul>	NONE (donations encouraged)

*This is a community supported program — donations of clothing and small housewares are always needed.*

## PERSONAL DEVELOPMENT

<b>ESL CLASSES</b> for adults whose first language is not English.	Human Services Staff <b>222-3660</b>	T & TH 10am – noon	<ul style="list-style-type: none"> <li>• Pre-registration required</li> <li>• Limited # of participants</li> </ul>	\$30 book fee
<b>HISET CLASSES</b> For individuals seeking to earn their high school equivalency diploma. DMACC instructors lead the classes.	DMACC staff <b>256-4924</b>	See website for days and times.	<ul style="list-style-type: none"> <li>• Registration required</li> <li>• Must be 18 yrs or older</li> </ul>	NONE

## ELDERLY ASSISTANCE

<b>HANDYMAN SERVICES</b> Services include lawn mowing, snow removal and minor exterior home, repairs for low-income, elderly and disabled residents of WDM.	Human Services Staff <b>222-3660</b>	M – F 8am – 5pm	<ul style="list-style-type: none"> <li>• Income - eligible seniors (70+) or income-eligible disabled residents of WDM</li> <li>• Registration required</li> </ul>	NONE (donations encouraged)
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## VOLUNTEER TODAY!

Volunteers are needed in the Clothing Closet, Food Pantry and for ESL classes at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 4:00 pm as well as on the 2nd and 4th Tuesday of each month from 4:00 pm to 6:00 pm. Convenient location in Valley Junction neighborhood. Must be 14 years or older. To learn more, please contact Mindy Hotovec at **222-3663** or visit [www.wdm.iowa.gov/HumanServices](http://www.wdm.iowa.gov/HumanServices).



*Partner with  
WDM Human  
Services to help  
our neighbors  
in need!*



## WDM Human Services Current Needs

### Personal Pantry:

Each month WDM Human Services assists approximately 350 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo and Conditioner
- Deodorant
- Feminine hygiene products
- Toilet Paper
- Toothbrushes and toothpaste
- Diapers
- Soap

### Clothing Closet:

Our clothing closet is in need of new or gently used children's, teen, and adult clothing and shoes. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Friday, 8:30am – 4pm, at 139 6th Street in West Des Moines. Donations are also accepted on the 2nd and 4th Tuesday of each month from 4:00pm to 6:00pm. Donation receipts are available.



## ESL Classes at WDM Human Services

English as a Second Language classes for adults are now being offered at West Des Moines Human Services. The classes take place on Tuesday and Thursday mornings from 10 am to noon in eight week sessions. Volunteer tutors are needed to assist with the classes. Volunteers will provide small group and one-on-one instruction for adult learners. Knowledge of a second language is not necessary to volunteer.

Call 222-3663 for more information or to register as a student or volunteer!



## FREE High School Equivalency Classes at WDM Human Services

High School Equivalency classes (HSED) are now being offered at West Des Moines Human Services. The classes are offered through a program called Bridges to Success which is a collaboration between DMACC and United Way of Central Iowa. The program helps students earn their high school diploma and pass the HiSET tests, opening up job and career opportunities. DMACC instructors lead the classes.

**To sign up or learn more,  
visit [bridgesdsm.org](http://bridgesdsm.org) or  
call 515-256-4924.**



## FREE Transportation

West Des Moines residents who are seniors (age 60+), disabled, or low income can receive free transportation to necessary appointments and to the Westside Community Center. Rides are provided with a fleet of four vehicles, three wheelchair accessible buses and one van. The service operates Monday through Friday all year. Transportation is also provided for recreational outings like the "Senior Dinner Club," as well as trips to the bank, grocery store, barber, etc. as time allows. Reservations required by noon, two business days before a ride is needed.

**Please call 222-3661 for more  
information or to schedule a ride.**

## WEST DES MOINES HUMAN RIGHTS COMMISSION

**(515) 222-4320**

The mission of the West Des Moines Human Rights Commission is to encourage and support comprehensive educational opportunities that promote a more inclusive community.





WDM Human Services "The ♥ of the Community"

## Help Your Neighbors In Need

The holidays are approaching and you are invited to add one or more families to your holiday list by participating in one of West Des Moines Human Services' holiday assistance programs.

West Des Moines Human Services is a non-profit organization that provides assistance to low-income, elderly and disabled individuals in our service area. Many of our community members are surviving on very limited incomes and struggle to afford even the most basic of necessities. The holiday season can be particularly difficult for these individuals and families.

Please consider partnering with us to assist these struggling members of our community. Gifts can be delivered directly to a family, or you may deliver your gifts to West Des Moines Human Services and we will deliver to the family. **Following are the opportunities available:**

### Thanksgiving

Sponsors are needed to provide grocery gift cards.

**THANKSGIVING DINNER**  
**Thursday, November 22**  
**11:30 AM**  
**WDM Christian Church**  
**4501 Mills Civic Pkwy, WDM**  
**Reservations required.**  
**Call 223-1639 by**  
**November 17th.**

(Limited seating available)



### Adopt-A-Family Program

Sponsors are matched with a WDM family in need and asked to provide gifts for the children in the household. A "wish list" for the family will be provided consisting of names, ages, genders and gift ideas for the children in the household. Sponsors may deliver the gifts directly to their "adopted" family.

### Toyland

This program provides toys/gifts for kids who are not sponsored through the Adopt-A-Family program. Toyland will take place on December 13 and 14 at WDM Human Services. Donations of new, unwrapped toys/gifts and gift cards for teens are needed for this event.

### Monetary Gifts and Gift Cards

Monetary donations and grocery gift cards are also appreciated as this allows us to assist families during the holidays and throughout the year.

If you know of other individuals or organizations who may wish to participate, please share this information. We have many families and children who need assistance, and adopting a family is a wonderful tradition during the holidays. Please call 222-3663 for more information or visit our website at [www.wdm.iowa.gov/HumanServices](http://www.wdm.iowa.gov/HumanServices).

If you are interested in providing assistance, please complete the **Holiday Sponsor Form** by December 7th (November 9th for Thanksgiving) and send to:

**West Des Moines Human Services**  
**ATTN: Mindy Hotovec**  
**139 6th Street, P.O. Box 65320**  
**West Des Moines, Iowa 50265**  
**Melinda.Hotovec@wdm.iowa.gov**

# HOLIDAY SPONSOR FORM

Contact Name

Organization (if applicable)

Street Address

City, State, Zip

Telephone Number

E-mail Address

☐ I will deliver directly to the family.

☐ I will deliver to WDM Human Services.

Have you been a sponsor in the past?

☐ Yes ☐ No

### I would like to participate in the following programs offered by WDM Human Services:

Please check the program(s) and fill in the requested information.

#### ☐ Food Card:

Purchase a **food card** from a local grocery provider for \_\_\_\_\_ (holiday)  
(\$25 increment(s) please)

I will provide a food card(s) for \_\_\_\_\_ family(s). Maximum size of family(s): \_\_\_\_\_

#### ☐ Adopt-A-Family Holiday Program:

**Minimum Requirements:** Sponsors are asked to **provide gifts for the children living in the household up to age 18** consisting of at least two to three gifts per child. Of course, you may provide more if you desire. **(Optional:** Sponsors may also provide a food card from a local grocery provider.)

I want to adopt \_\_\_\_\_ family(s). Maximum size of family(s): \_\_\_\_\_

Special Preferences: (ie, specific ages) \_\_\_\_\_

#### ☐ Toyland

**(Please deliver new, unwrapped toys/gifts to WDM Human Services by December 12th, 2018.)**

#### ☐ Monetary Contribution or Gift Cards

Your contribution will be used to assist families during the holidays and throughout the year.

**Please make your check payable to:** West Des Moines Human Services

### Sponsor forms or donations should be sent to:

(Deadlines: Thanksgiving – 11/9, Christmas – 12/7)

**WDM Human Services • Attention: Mindy Hotovec**  
139 6th Street, P.O. Box 65320, West Des Moines, IA 50265  
Melinda.Hotovec@wdm.iowa.gov • 222-3663



# Sunday Supper In Our Town

## RAISES OVER \$60,000

### To help low-income, elderly and disabled residents

West Des Moines Human Services held its 9th annual "Sunday Supper In Our Town" fundraising event at Flemings Prime Steakhouse & Wine Bar on September 30th, 2018. More than 135 guests attended the dinner benefiting low-income, elderly and disabled residents in the western suburbs. Proceeds benefit the programs of West Des Moines Human Services. It was a wonderful evening of giving back to the community!

## THANK YOU TO OUR SPONSORS...

### \$5,000 Giving Level

Atlantic Coca Cola

Sue Wright  
West Bank

### \$2,500 Giving Level

American Equity  
Athene USA  
Davis Brown Law Firm  
LaMarca Law Group  
R & R Realty Group  
UTC Aerospace Systems  
Wells Fargo Foundation  
Dr. Matthew & Melissa Weresh

### \$500 Giving Level

3E Electrical Engineering & Equipment Co.  
Bankers Trust  
Brian Lynch Hairstyling  
Brick Gentry P.C.  
Elaine & Brian Gifford  
Jo & Dale Helling  
Hy-Vee  
Iowa Ortho  
Legacy Bank  
Joel & Chris Magruder  
Wendy & Jacob Moran  
NCMIC  
Northwest Bank  
Carl & Judy Patterson  
Barbara Paradise  
Rick & Karen Riley  
Stivers Ford Lincoln  
UnityPoint Health Des Moines  
WDM Kiwanis  
Wright Service Corp.

### \$1,000 Giving Level

Ahlers & Cooney, P.C.  
Sam & Mary Bernabe  
First National Bank  
Foth  
Steve & Sally Gaer  
Gilcrest/Jewett Lumber Co.  
Althea Holcomb  
HR Green  
TMG Management  
Russ & Alana Trimble  
TrueNorth Companies  
Dan & Carol Werner

Special thanks to JM Impressions!

## WDM FACILITY MAP



- 1 City Hall:** 4200 Mills Civic Pkwy
- 2 Public Safety Station #19:** 8055 Mills Civic Pkwy
- 3 Fire Station #21:** 3421 Ashworth Road
- 4 Human Services:** 139 6th Street
- 5 WDM Public Library:** 4000 Mills Civic Pkwy
- 6 Law Enforcement Center:** 250 Mills Civic Pkwy
- 7 Public Services:** 560 S. 16th Street
- 8 Fire Station #17:** 1401 Railroad Avenue

- 9 Westside Fire Station #22:** 1801 68th street
- 10 Fire Station #18:** 5025 Grand Avenue
- 11 Valley Junction Activity Center:** 217 5th Street
- 12 Nature Lodge:** 2500 Grand Avenue
- 13 Holiday Aquatic Center:** 1701 Railroad Avenue
- 14 Valley View Aquatic Center:** 255 S. 81st Street
- 15 Water Works Plant:** 1505 Railroad Avenue

WINTER | SPRING 2019

# WDM Parks & Recreation

## PROGRAM GUIDE

*We provide  
our community  
everyday  
enjoyment  
through  
people, parks  
and programs.*

**Registration Starts:**  
**November 13**  
**8am**



## CONTENTS

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WDM Parks & Recreation Information .....	p4-11
Family Programs .....	p12-15
Youth Programs .....	p15-31
Adult Programs .....	p34-44
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## WDM Parks and Recreation *registration*

# 3 WAYS TO REGISTER



Scan & Register with your mobile device.

- **Online:**  
[www.wdm.iowa.gov/ParkRecReg](http://www.wdm.iowa.gov/ParkRecReg)
- **Mail-In:**  
P.O. Box 65320, WDM, IA 50265
- **Call-In:**  
222-3444

## WDM Parks and Recreation *policies*

### POLICIES

#### RECREATION PROGRAM REFUND POLICY

Please call the West Des Moines Parks and Recreation Department Administrative Office at 515-222-3444 Monday – Friday, 8:00 a.m. – 5:00 p.m. to request a refund.

1. Full refunds will be given if the request is submitted no later than 7 days prior to the program start date.
2. Refund requests submitted less than 7 days before the start date will be charged a \$10.00 withdrawal fee.
3. Requests for refunds submitted after the event start date or completion of the program will not be considered.
4. Please allow 2-3 weeks to process a check refund for payments originally made by cash or check. No cash refunds will be given.
5. Payments made by credit/debit card will be refunded back to the original credit/debit card.
6. The Recreation Program Refund Policy does not apply to travel programs or adult sport leagues.
7. Refunds for medical situations will be considered on a case by case basis.

#### CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

#### REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration Change made after participants are enrolled in a program.

#### RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications are available at **WDM Human Services, 139 6th Street.**

#### ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department, at least 48 hours in advance. Please call **222-3444** to have accommodations provided.

#### ANTI-BULLYING STATEMENT

The Parks & Recreation Department will not tolerate bullying\* in any youth program or activity, and staff will do all they reasonably can to create a safe space for participants, regardless of an individual's actual or perceived age, color, creed/denomination, national origin, race, religion, marital status, sex, sexual orientation, gender identity, physical attributes/appearance, physical or mental ability or disability, ancestry, political belief, socioeconomic status, or familial status.

\*For the purposes of this statement, bullying is defined as the unwanted, aggressive use of physical, social or mental/intellectual power to control, harm or humiliate another person in a repetitive or pervasive manner.

### REGISTRATION FORM ON PAGE 43

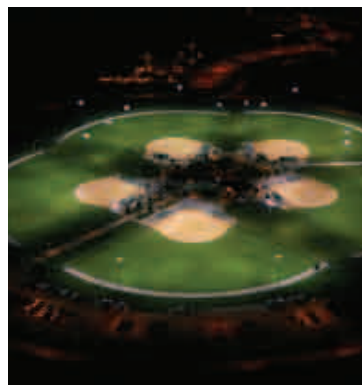
REGISTER ONLINE AT

[www.wdm.iowa.gov/ParkRecReg](http://www.wdm.iowa.gov/ParkRecReg)



## West Des Moines Parks & Recreation Department Facilities

<b>Administrative Office at WDM City Hall</b> 4200 Mills Civic Parkway	222-3444
<b>Raccoon River Park Nature Lodge</b> 2500 Grand Avenue	222-3424
<b>Raccoon River Park Archery Facility</b> 2500 Grand Avenue	222-3424
<b>Raccoon River Park Dog Park</b> 2500 Grand Avenue	222-3444
<b>Raccoon River Park Softball Complex</b> 2500 Grand Avenue	222-3505
<b>Valley Junction Activity Center</b> 217 5th Street	222-3440
<b>Holiday Aquatic Center</b> 1701 Railroad Avenue	273-0700
<b>Holiday Park Baseball Complex</b> 1701 Railroad Avenue	222-3454
<b>Valley View Aquatic Center</b> 255 S. 81st Street	273-0700
<b>Jordan Cemetery</b> 2950 Fuller Road	222-3444
<b>Weather Cancellation Hotline</b>	222-3500



### Jordan Cemetery

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.



## West Des Moines Parks

American Legion Park	301 Vine St.
Ashawa Park	4431 Waterford Dr.
Brookview Park	400 81st St.
Crossroads Park	5205 Ashworth Rd.
Fairmeadows Park	543 22nd St.
Florer Park	1410 Locust St.
Holiday Park	1701 Railroad Ave.
Huston Ridge Park	8455 Coachlight Dr.
Jaycee Park	5608 Center St.
Jordan Creek Park	310 50th St.
Kiwanis Park	3101 Maple St.
Knolls Park	5150 Aspen Dr.
Maple Grove Park	9350 Chalk St.
Meadowview Park	638 Prairie View Dr.

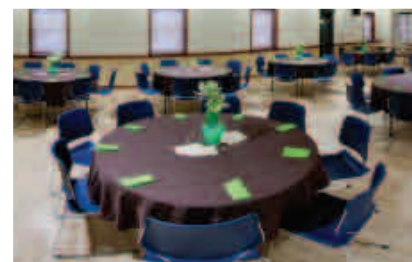
Pearson Park	1256 19th St.
Peony Park	1100 63rd St.
Quail Cove Park	1515 South 52nd St.
Raccoon River Park	2500 Grand Ave.
Railroad Park	425 Railroad Ave.
Scenic Valley Park	1223 South 24th Ct.
Southwoods Park	350 South 35th St.
Valley View Park	255 81st St.
Western Hills Park	4115 Walnut St.
Wild Rose Park	6801 Cody Dr.
Willow Springs Park	5685 Wistful Vista Dr.
Wilson Park	298 9th St.
Woodland Hills Park	1230 South 95th St.

### Valley Junction Activity Center

Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



### Raccoon River Park Nature Lodge

Are you looking for a room with a view to hold that family function or business meeting? The Raccoon River Park Nature Lodge is the place for you. The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of space and services to make planning your event as easy as one...two...three.

The Lakeview Room can accommodate small or large groups for up to 120 people. You can also bring your own caterer for your event. Weekday business rates are available between the hours of 8:00 am and 5:00 pm, Monday through Friday. Our great rental rates make event planning affordable and works within your budget.

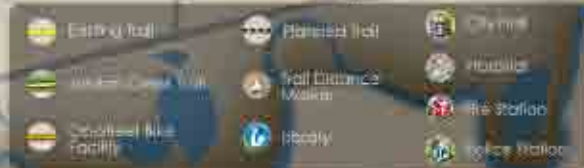
Give us a call at 222-3424 to check availability!



## WEST DES MOINES PARKS &amp; RECREATION



THE CITY OF  
**West Des Moines**  
Parks & Recreation Department



- |                           |                    |
|---------------------------|--------------------|
| 1. <i>Recess</i> (page 1) | 6. <i>Goodbye</i>  |
| 2. <i>Recess</i> (page 2) | 7. <i>Goodbye</i>  |
| 3. <i>Recess</i> (page 3) | 8. <i>Goodbye</i>  |
| 4. <i>Recess</i> (page 4) | 9. <i>Goodbye</i>  |
| 5. <i>Recess</i> (page 5) | 10. <i>Goodbye</i> |



# Raccoon River Park Archery Facility

## The facility is the first of its kind in Iowa and features:

- Enclosure walls/fencing
- Overhead 'arrow curtains'
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at [www.wdm.iowa.gov/Archery](http://www.wdm.iowa.gov/Archery).  
Questions? (515) 222-3444 or [ParkRec@wdm.iowa.gov](mailto:ParkRec@wdm.iowa.gov)

Annual Permit*	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Adult	\$5	\$5
Youth (15 & Under)	\$5	\$5

\*Annual permits based upon calendar year

## Permits can be purchased at the following locations:

- **West Des Moines Parks & Recreation Office**  
4200 Mills Civic Pkwy, Suite 1B, West Des Moines  
Phone: 222-3444 | Fax: 222-3459  
Monday-Friday, 8:00am-5:00pm
- **Raccoon River Park Nature Lodge**  
2500 Grand Avenue, West Des Moines  
Phone: 222-3424 | Fax: 222-3658  
Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours



## Using the Facility

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See page  
20 for  
Archery  
program

**\$5 Day Passes are available online for the Archery Facility at Raccoon River Park. Find them at [wdm.iowa.gov/DayPasses](http://wdm.iowa.gov/DayPasses)**

# Raccoon River Dog Park

## Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

## Mail-In

Go to [www.wdm.iowa.gov/DogPark](http://www.wdm.iowa.gov/DogPark) download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

## Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

## WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B  
8am – 5pm, Monday-Friday

## Raccoon River Park Nature Lodge

2500 Grand Avenue  
8am – 5pm, Monday-Friday  
Evening/Weekend Hours –  
Call 222-3424



Permit	WDM Resident	Non-Resident
Annual	\$20	\$40
Daily	\$5	\$5

\*Annual permits based upon calendar year

## DAY PASSES AVAILABLE ONLINE!

\$5 Day Passes are available online for the Dog Park at Raccoon River Park.

Find them at [wdm.iowa.gov/DayPasses](http://wdm.iowa.gov/DayPasses)



## Return of Ice Skating at Raccoon River Park

Thanks to a generous gift from Wells Fargo and the Iowa Wild, the portable ice rink will be installed again at Raccoon River Park near the softball complex and dog park. Bring your skates and remember to skate in a safe and responsible manner. Look for announcements on the Parks and Recreation's webpage and Facebook page about updates when ice skating can begin. For more information, call 222-3444.

**WELLS FARGO**



**ALL SKATERS ARE ADVISED THAT THEY  
ARE SKATING AT THEIR OWN RISK  
RINK OPEN DAWN TO DUSK**

- Ice skating, by its nature, is a hazardous activity, falls are common. Rink users are strongly encouraged to wear helmets and other protective gear.
- Skate in control, accept responsibility for knowing the range of your ability while on skates.
- Be considerate of others, maintain a proper lookout to avoid other skaters.
- Beware of soft spots, rough edges, water puddles or other hazards on the ice.
- Please use caution entering and exiting the ice rink.
- Kicking holes, chipping or gouging the ice is prohibited.
- Skaters and spectators must not sit on, lean over or leave articles on the dasher boards.
- No food, drink or pets on the ice.
- Do not skate while under the influence of drugs, alcohol, or other control impairing substances.
- A color system will be used to inform the public of skating conditions, green indicating conditions are suitable for skating and red signifying the rink is closed.
- All skaters must be on skates.
- All park rules and regulations in Title 7, Chapter 11 of the West Des Moines City Code shall apply.

**DO NOT SKATE IF THE RINK HAS BEEN DAMAGED OR ICE HAS MELTED.**

Please report any concerns or damage to  
WDM Public Services • 222-3480



### Breakfast with Santa

Join us for this fun, festive, holiday breakfast featuring Santa Claus himself! Our event features an all you can eat pancake breakfast, catered by "Chris Cakes." Be sure to bring your camera for photos with Santa. Limited admission tickets will be available for purchase at the door. Please be sure to register early.

**All children must be supervised by a paying adult to attend.**



DAY	Saturday
DATE	December 8
TIME	8 – 10am (Open house format)
LOCATION	Raccoon River Park Nature Lodge
FEE	per person
ages 12+	\$6
ages 2 – 11	\$4
under 2 years	FREE
REGISTER BY	December 5
COURSE ID	6282

### Sweetheart Dance

Join us for this annual community event that provides a unique opportunity for "Sweethearts" to spend an evening together. This event, held at the West Des Moines Sheraton Hotel, provides an added touch of elegance. A child-friendly, light Italian meal will be served buffet style along with a variety of desserts during the festivities. A video DJ, Thunder and Lightning, will WOW the crowd with two huge video screens and family-friendly music. Photos will be available from University Photo for a small additional fee, and a box of conversation hearts will be handed out to each child at departure. Plan ahead and don't miss out!

DAY	Sunday
DATE	January 27
TIME	4 – 7pm
LOCATION	<b>WDM Sheraton Hotel</b> 50th and University Ave
AGES	4 – 11
FEE	\$20 per person
COURSE ID	8511



### YOGA WITH JAYLA!

Jayla wishes to create an environment that offers both physical and mental breakthroughs. She encourages people to explore themselves by creating relatable themes with impact and wishes to empower those that feel weak. Being a weak person when she started training, Jayla aspires to instill the same lessons, feelings, and confidence that she gained through yoga. Updates on classes can be found at [www.facebook.com/yogawithjayla](http://www.facebook.com/yogawithjayla)

DATES	COURSE ID
December 1 – 22	6364
January 3 – 31	8544
February 2 – 28	8546
March 2 – 31	8548
April 1 – 29	8549

TIMES AND DAYS ARE FOR ALL SESSIONS

TIMES	DAYS
6 – 7pm	Mondays and Thursdays
10 – 11am	Saturdays and Sundays
LOCATION	Valley Junction Activity Center
FEES	\$80



### ZUMBA

Perfect For Everybody and every body! Each Zumba® class is designed to bring people together to sweat it on.

#### How It Works

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

#### Benefits

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**Instructor:** Eva Otanez

**515-419-9523 • [www.eva123.zumba.com](http://www.eva123.zumba.com)**

SESSION 1	
DATE	January 2 – February 7
FEE	\$85
COURSE ID	8550

SESSION 2	
DATE	February 20 – March 28
FEE	\$85
COURSE ID	8551

SESSION 3	
DATE	April 8 – May 16
FEE	\$90
COURSE ID	8552

TIME	5:15 – 6:15pm
LOCATION	Valley Junction Activity Center
DAYS	Mondays, Wednesdays and Thursdays

Option punch card: 10 classes \$60

NEW!

## Friends and Family Art Day

Make holiday inspired art together with family or friends. You'll create family portraits, greeting cards and more! Treats and refreshments will be served.

DAY	Saturday
DATE	December 1
TIME	10:30am – 12:00pm
LOCATION	Valley Junction Activity Center
AGES	All
FEE	\$25 per family
COURSE ID	6369

## Snowman Building Contest

The Snowman Building Contest is a community wide, family event that gets people outside and enjoying our fabulous winter. You can build a snowman or snow sculpture in your yard, place of work, or in a WDM park. Over the 8-week period we encourage groups, families, clubs, schools and businesses to have a whole bunch of fun building a snowman or snow sculpture to win a prize.

Groups are encouraged to build a snow creation, submit up to 3 photos that include at least one of the builders, and submit it to [allison.ullestad@wdm.iowa.gov](mailto:allison.ullestad@wdm.iowa.gov) with contact information by February 28. Community judges will select a winner in each of these 3 categories: **Most Creative Snowman, Most Creative Snow Sculpture, and Best Traditional Snowman.**

DATES	January 1 – February 28
PRIZE	\$100 in "Park and Rec Bucks" to each category winner



## MARTIAL ARTS

### Tae-Kwon-Do/Karate

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

Session I	January 8 – February 26
BEGINNER CLASS	
DAY	TIME
Tuesdays	6:30 – 7:30pm
COURSE ID	8486
FEE	\$41
INTERMEDIATE/ADVANCED CLASS	
DAY	TIME
Tuesdays	7:30 – 8:30pm
COURSE ID	8484
FEE	\$41

### TAE-KWON-DO/ KARATE LITTLE NINJAS INSTRUCTOR:

**Phil Dickey:**

Fifth Degree Black Belt in Karate, Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee.

LOCATION	Valley Junction Activity Center
AGES	6+
REGISTER BY	One week before the session starts

Session II	March 5 – April 30
BEGINNER CLASS	
DAY	TIME
Tuesdays	6:30 – 7:30pm
COURSE ID	8488
FEE	\$41
INTERMEDIATE/ADVANCED CLASS	
DAY	TIME
Tuesdays	7:30 – 8:30pm
COURSE ID	8485
FEE	\$41

### Little Ninjas

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

Session I	January 8 – February 26		
DAY	TIME	COURSE ID	FEE
Tuesdays	5:30 – 6pm	8483	\$28
Tuesdays	6 – 6:30pm	8489	\$28
Session II	March 5 – April 30		
DAY	TIME	COURSE ID	FEE
Tuesdays	5:30 – 6pm	8487	\$28
Tuesdays	6 – 6:30pm	8490	\$28

LOCATION	Valley Junction Activity Center
AGES	4 – 5
REGISTER BY	One week before the session starts





## "WINTER WONDER PALACE"

Step into the Winter Wonder Palace - a place where the bitter cold melts away to reveal a magical world of fun and fantasy! In a 90 minute period, your little royal will experience three different wonder worlds within the palace and will get to meet four storybook characters.

First, we'll learn to "whistle while we work" as we bake cookies with Snow White. After the cookies are frosted, there will be a tea party fit for kings and queens!

Next, we will ring in the Chinese New Year with Mulan! Games will be played and stories will be told and each little warrior will receive their very own treasure to take home.

Finally, it will be time to "Let it Go" with the Snow Sisters! Snowball fights and reindeer games will melt your little snowflake's heart and each prince or princess will be sent home with a warm hug to last the rest of the winter!

Each room will have approximately 30 minutes' worth of activities and every room will be very different from the others. Children ages 3+ is recommended and space is limited.

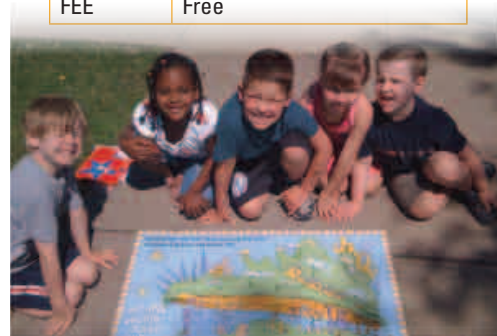
**The \$29 registration fee includes one admission for the child and one admission for an accompanying adult.**

DAY	Saturday
DATE	February 2
TIMES	COURSE ID
9am – 10:30am	8514
11am – 12:30pm	8516
1pm – 2:30pm	8523
REGISTER BY	January 19
LOCATION	Raccoon River Park Nature Lodge
AGES	3 – 11
FEE	\$29

## Story Hour at The Nature Lodge

If cabin fever has struck, bring your children to the Nature Lodge to enjoy a story hour with our naturalist. Bring a sack lunch to enjoy as we share nature books, stories and games.

DAY	Wednesdays
DATES	November 28 – December 19
TIME	12 – 1pm
LOCATION	Raccoon River Park Nature Lodge
AGES	All
FEE	Free



## Fun Time Story Time

Does winter have you down? Looking for someplace new to take your child that is safe and fun? Join us at the Valley Community Center for a little story time fun! We will read a couple of stories, share some cool animals and have plenty of extra play time at the indoor play center. No need to register, just show up and join the fun!

DAY	Tuesdays
DATES	January 8 – February 26
TIME	10:30 – 11am
LOCATION	Valley Community Center (4444 Fuller Road, WDM)
AGES	All
FEE	Free

## PRESCHOOL PROGRAMS

### Indoor Playground

Need to get out of the house and let that toddler run off some steam? We've created an indoor playground that can help get the job done. Toys, slides, and riding toys will challenge your child for a day of fun! Parents are required to stay and supervise their children.

DAYS	Mondays & Wednesdays
DATES	October 15 – December 12 January 2 – April 3
TIME	10am – 12pm
LOCATION	Valley Junction Activity Center
AGES	4 years & under with adult
FEE	FREE
(No Indoor Playground when school is not in session.)	



## First Steps Dance Classes

First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

Let your child learn basic dance movements in a non-threatening, recreational environment.

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz, and tap.

No special shoes are required.



## Beginners First Steps Dance

DAYS	Mondays	
DATES	January 7 – February 11	
AGES	TIMES	COURSE ID
5 – 7	5:30 – 6:15pm	8466
3 – 4	6:15 – 6:45pm	8465
DATES	February 25 – April 8 (No class on 3/18)	
AGES	TIMES	COURSE ID
5 – 7	5:30 – 6:15pm	8460
3 – 4	6:15 – 6:45pm	8459

LOCATION	Valley Junction Activity Center
FEE	\$39

DAYS	Tuesdays	
DATES	January 8 – February 19 (No class on 2/12)	
AGES	TIMES	COURSE ID
3 – 4	5 – 5:30pm	8456
3 – 4	5:30 – 6pm	8464
3 – 4	7 – 7:30pm	8461
DATES	February 26 – April 9 (No class on 3/19)	
AGES	TIMES	COURSE ID
3 – 4	5 – 5:30pm	8463
3 – 4	5:30 – 6pm	8467
3 – 4	7 – 7:30pm	8458

## Intermediate First Steps Dance

DAYS	Mondays	
DATES	January 7 – May 20 (No class on 2/18 & 3/18)	
AGES	TIMES	COURSE ID
8 – 10	6:45 – 7:45pm	8457
DAYS	Tuesdays	
DATES	January 8 – May 21 (No class on 2/12 & 3/19)	
AGES	TIMES	COURSE ID
5 – 7	6 – 7pm	8462

LOCATION	Valley Junction Activity Center
FEE	\$119



## CREATIVE GENIUSES

Fun, educational, and personalized art program for children. Children will look and talk about art and self expression making their own masterpieces. Art education for children supports creative ability, confidence, hand eye coordination, math, science, and literacy skills. Most of all, art just feels good! We are where the ART and mind shine bright!



### Creative Geniuses – Art

This art class for school aged children will explore different mediums each week. We will work through a creative process to plan, develop, and create art pieces that represent a seasonal theme. We will connect to students personal interests and help them to develop techniques with their art tools. Fee includes a student sketchbook and complementary online student art museum.

DAY	Saturdays	
SESSION / DATES	COURSE ID	FEES
January 5 – 26	8506	\$65
April 6 – 27	8507	\$65
TIME	1pm – 2:30pm	
LOCATION	Valley Junction Activity Center	
AGES	6 – 11	
MINIMUM	4	
MAXIMUM	12	

### Creative Geniuses – PreK

Art classes for preschoolers inspired by play! We will play with a different medium each week and exercise age appropriate skills such as fine motor, social, and creative thinking. Young artists will enjoy exercising decision making and creativity during this fun art exploratory class. An online student art museum is provided to each student in the program.

DAY	Saturdays	
SESSION / DATES	COURSE ID	FEES
January 5 – 26	8504	\$48
April 6 – 27	8505	\$48
TIME	12:pm – 12:45pm	
LOCATION	Valley Junction Activity Center	
AGES	3 – 5	
MINIMUM	4	
MAXIMUM	12	



# Spring Break Archery

Looking for something fun to do during your spring break? How about spending some time at the Raccoon River Park Archery Facility? You will have the opportunity to practice your archery skills and possibly learn some new ones in this spring break day camp.

DAYS	Thursday and Friday
DATES	March 21 and 22
TIME	1 – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 12
FEE	\$30
COURSE ID	8528

# Hunter Education

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations. Please bring a sack lunch on Saturday. (The on-line registration for this class will not be available until Feb.)

DAY	DATE	TIME
Must attend both days		
Thursday	March 21	6 – 9pm
Saturday	March 23	8am – 5pm
(Please bring a sack lunch on Sat.)		
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	iowadnr.gov/hunting/hunter-education (Class will be posted after Feb. 1)	



NEW!



# Youth Axe Throwing

Participants will be taught axe safety, axe throwing techniques and games. Parents are asked to remain on site during the workshop.

DAYS	Saturday
DATES	January 12
TIME	9am – 11:30am
LOCATION	Ironside Axe Club 2700 University Ave., Suite 100, WDM
AGES	8 – 14
FEE	\$22
COURSE ID	8508

# LEE COLE'S MAGICAMP

Magicamp is for anyone who likes to have fun. You'll spend two days learning from professional magician Lee Cole on how to entertain and amaze your friends, family and classmates. You'll learn tricks that can be done anywhere, at any time, and for the rest of your life. All magic materials are provided.



DAYS	Thursday and Saturday
DATES	December 27 and 29
TIME	9am – 11:45am
LOCATION	Raccoon River Park Nature Lodge
AGES	7 – 15
FEE	\$45
COURSE ID	6177

DAYS	Tuesday and Thursday
DATES	March 19 and 21
TIME	9am – 11:45am
LOCATION	Raccoon River Park Nature Lodge
AGES	7 – 15
FEE	\$45
COURSE ID	8468

Youth Tech Inc. programs are interactive computer camps that focus on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence.

## Robotics-Battle Bots

This course offers hands-on opportunities to build and program robots. Working in small teams, students will design robotics systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.

DAYS	Monday – Friday
DATES	March 18 – 22
TIME	9am – 12pm
AGES	9 – 15
FEE	\$150
COURSE ID	8556

For more information about Youth Tech Inc. please visit our web site at [www.youthtechinc.com](http://www.youthtechinc.com)

LOCATION	Valley Junction Activity Center Vets Room
MINIMUM	5

*\*Please send a sack lunch and drink with your child*

## Gaming Academy

The gaming academy is an all day course for students who love games. During this course students will be immersed into the world of 2D and 3D game design. The gaming academy is a combination of our Video Game Design, Advanced Game Design and 3D Game Design courses. The course offers students a variety of hands on experiences designing and building their very own games.

DAYS	Thursday – Saturday
DATES	December 27 – 29*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$250
COURSE ID	7392

## Video Game Design

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

DAY	Saturdays
DATES	December 22 & 29*
TIME	9am – 3pm
AGES	10 – 17
FEE	\$170
COURSE ID	8561

DAY	Thursday & Friday
DATES	December 27 & 28*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$175
COURSE ID	7393

## iCode

This course offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem solving and programming logic.

**\*\*Students should be able to read prior to taking this course.**

DAY	Saturdays
DATES	March 2 & 9
TIME	1pm – 4pm
AGES	6 – 12
FEE	\$125
COURSE ID	8558

## iGame Creators

Want to create video games? This is an introductory course for younger students who want to learn to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.

DAY	Saturdays
DATES	February 2 & 9
TIME	1pm – 4pm
AGES	6 – 10
FEE	\$125
COURSE ID	8560

DAY	Saturdays
DATES	March 2 & 9
TIME	9am – 12pm
AGES	6 – 10
FEE	\$125
COURSE ID	8715



LOCATION	Valley Junction Activity Center Vets Room
MINIMUM	5

*\*Please send a sack lunch and drink with your child*

## Arcade Games-Online Game Development

This class gives students a look at online game development and puts them in the driver's seat of simple game creation. Students in this course will develop online games including arcade style, platform and other interactive games that they can publish and share online.

DAY	Saturdays
DATES	February 2 & 9
TIME	9am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	8717

## NEW iGame Development Workshop

This course is designed for younger students to develop video games and take your skills to the next level. This workshop offers students interested in gaming the chance to build stand-alone games as well as online games that they can share with friends and families. This is a great introductory class for students who like to game and want to build their own games.

DAY	Saturdays
DATES	February 2 & 9*
TIME	9am – 4pm
AGES	6 – 12
FEE	\$225
COURSE ID	8716

## Gaming and Coding

This course combines two unbelievable experiences for students; gaming and coding. Students spend the morning taking an interactive look at coding and building virtual apps to share with friends. In the afternoon, students build simple video games combining the art of video game design and animation to create interactive characters that fly around the screen.

DAY	Saturdays
DATES	March 2 & 9*
TIME	9am – 4pm
AGES	6 – 12
FEE	\$230
COURSE ID	8718

## NEW Roblox Studio — Programming and Game Development

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you and your avatar - unlike any other software. This course will guide students through concepts such as beginner physics, LUA programming, and game development. Student in this course will build and publish their game to share with friends and family!

DAYS	Monday – Friday
DATES	March 18 – 22
TIME	1pm – 4pm
AGES	9 – 15
FEE	\$150
COURSE ID	8720

## Coed Rugby Touch League

Rugby is a hit in our community! Meeting for only two weeks, this program will have the following format.

Week 1: Touch only instruction/tournament  
Week 2: Touch only tournament

\*This course can be a primer for the separate boys and girls tackle leagues held in April and May.

DAYS	Mondays
DATES	April 1 & 8
TIME	4:30 – 6pm
LOCATION	Cowles Elementary 6401 College Ave. Windsor Heights
AGES	4 – 14
FEE	\$40
COURSE ID	8563

## Girls Rugby Tackle League

April 15 - tackle instruction/ tournament  
April 22 - tackle instruction / tournament  
April 29 - tackle instruction /tournament  
May 6 - playoffs/championship  
Friday May 10 - exhibition/championship game at the HS Boys State Playoff tournament in a lighted football stadium.

DAYS	Mondays & Friday
DATES	April 15 – May 10
TIME	4:30 – 6pm
LOCATION	Cowles Elementary
AGES	4 – 14
FEE	\$50*
COURSE ID	8565

\*Participants will also need to register with USA Rugby through Iowa Youth Rugby Association for insurance reasons. This will also be an additional fee.

LEARN MORE AT  
[www.Irrugby.com](http://www.Irrugby.com)



## Boys Rugby Tackle League

April 15 - tackle instruction/ tournament  
April 22 - tackle instruction / tournament  
April 29 - tackle instruction /tournament  
May 6 - playoffs/championship  
Friday May 10 - exhibition/championship game at the HS Boys State Playoff tournament in a lighted football stadium.

DAYS	Mondays & Friday
DATES	April 15 – May 10
TIME	4:30 – 6pm
LOCATION	Cowles Elementary
AGES	4 – 14
FEE	\$50*
COURSE ID	8564

## START SMART

Start Smart Programs will be held once a week for 5 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart programs are provided at the first class and are included in the program fee.

**Please not that this program is not a competitive game setting – skills are taught in stations each week. A parent is required to attend and participate each week. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.**

### Basketball

Start Smart Basketball teaches children the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents skills in dribbling/ ball handling, passing/catching, shooting and running/agility without the threat of competition or the fear of getting hurt.

DAYS	Wednesdays
DATES	January 30 – February 27
TIME	5:30 – 6:30pm
LOCATION	Westridge Elementary School
AGES	3 – 5
FEE	\$60
COURSE ID	8455

### Sports Development

The Start Smart Sports Development Program is a developmentally appropriate introductory sports program for children 3-5 years old. The program prepares children for organized sports, in a fun non-threatening environment.

The Start Smart Sports Development Program prepares children and their parents for organized sports without the threat of competition or the fear of getting hurt. Age appropriate equipment from Franklin Sports® and Hasbro® is used in teaching throwing, catching, batting and kicking.

DAYS	Tuesdays
DATES	April 2 – 30
TIME	5:30 – 6:30pm
LOCATION	Crossroads Park Elementary School
AGES	3 – 5
FEE	\$65
COURSE ID	8454

WEATHER  
CANCELLATION  
HOTLINE:  
**222-3500**

## WDM YOUTH SPORTS ORGANIZATIONS

Youth sports in West Des Moines are coordinated by a variety of organizations. These groups are not organized by the City of West Des Moines Parks and Recreation Department; however some of them may utilize city facilities. For a comprehensive listing of a variety of youth sports information and links to websites, visit:

**[www.wdm.iowa.gov/youthsports](http://www.wdm.iowa.gov/youthsports).**

The youth sports organizations listed below will begin registration for summer 2018 activities soon. Contact each organization directly for complete information to get your child registered.

### WDM Soccer Club

P.O. Box 65815 | West Des Moines, IA 50265 | 515-222-0079

Email: [wdmadmin@wdmsoccerclub.org](mailto:wdmadmin@wdmsoccerclub.org) | Website: [www.wdmsoccerclub.org](http://www.wdmsoccerclub.org)

### WDM Girls Softball

P.O. Box 65602 | West Des Moines, IA 50265

Email: [wdmsoftball@gmail.com](mailto:wdmsoftball@gmail.com) | Website: [www.wdmsoftball.org](http://www.wdmsoftball.org)

### WDM Youth Baseball

890 SE Olson Dr. | Waukee IA 50263 | 515-987-0806

Email: [frontdesk@sportsplexwest.com](mailto:frontdesk@sportsplexwest.com) | Website: [www.oblofwdm.com](http://www.oblofwdm.com)





At **Rounded Minds™** our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at [roundedminds.com](http://roundedminds.com)

## Sports Exploration and Spanish Introduction

This 5-week program is a great way for children to experience a variety of new games and activities in a format that is structured, engaging, and most of all... FUN! Rounded Minds prepares children for organized games without the threat of competition or the fear of getting hurt. Children will have an opportunity to explore a new SPORT each class (Soccer, Softball, Flag Football, Volleyball, Rugby), improve motor skills, and participate in fun games that will reinforce listening, teamwork, and the joy of being active! We focus on fundamental motor skills and coordination. This will provide them the confidence to participate in competitive sports as they grow older and at the same time they will be learning Spanish. The entire Rounded Minds programs have a learning benefit of giving them an introduction to the Spanish language. This will provide them with a good edge for success in their academic future.

DAYS	Thursdays
DATES	March 7 – April 11 (No class on 3/21)
TIME	5:45pm – 6:45pm
LOCATION	Valley Junction Activity Center
AGES	3 – 6
FEE	\$55
COURSE ID	8727



## Tumbling and Spanish Introduction

The format for all Rounded Minds™ programming is high-energy! Children experience the joy of learning new skills by “doing” and through fun activities, songs, and positive reinforcement. Our tumbling program allows young children to enhance their social skills and develop greater strength, flexibility, and coordination – along with a lifelong love of fitness. Classes are taught with a theme to catch the attention of the young gymnast and build skills through creative movement and music. This will provide them the confidence to participate in active exercises as they grow older, and at the same time, they will be learning Spanish. The entire Rounded Minds programs have a learning benefit of giving them an introduction to the Spanish language. This will provide them with a good edge for success in their academic future.

DAYS	Saturdays	
DATES	January 26 – February 16	
LOCATION	Valley Junction Activity Center	
TIME	10am – 10:30am	10:30am – 11:30am
AGES	2 – 3	4 – 6
FEE	\$45	\$55
COURSE ID	8728	8729



## Soccer and Spanish Introduction

This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.

DAYS	Wednesdays	
DATES	January 16 – February 20	
LOCATION	Valley Junction Activity Center	
TIME	5:30pm – 6pm	6pm – 7pm
AGES	2 – 3	4 – 6
FEE	\$55	\$65
COURSE ID	8555	8724

DAYS	Wednesdays	
DATES	March 27 – May 1	
LOCATION	Valley Junction Activity Center	
TIME	5:30pm – 6pm	6pm – 7pm
AGES	2 – 3	4 – 6
FEE	\$55	\$65
COURSE ID	8725	8726



## Art and Spanish Introduction

Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language, and listening skills. The entire Rounded Minds programs have a learning benefit of giving them an introduction to the Spanish language. This will provide them with a good edge for success in their academic future.

DAYS	Wednesdays	
DATES	April 3 – 24	
LOCATION	Valley Junction Activity Center	
TIME	5:30 – 6pm	6 – 7pm
AGES	3 – 4	5 – 7
FEE	\$40	\$50
COURSE ID	8730	8731



## Dance and Spanish Introduction

Our developmental dance program focuses on motor development and fitness while allowing children to express themselves through creative movement. This fun class emphasizes getting kids moving while introducing them to basic salsa, modern dance, and hip-hop techniques.

DAYS	Saturdays	
DATES	March 2 – 30	
LOCATION	Valley Junction Activity Center	
TIME	10 – 10:30am	10:30 – 11:30am
AGES	2 – 3	4 – 7
FEE	\$50	\$60
COURSE ID	8732	8733



## After School Spanish Club Immersion Program

Raise a bilingual child! Do you want your kid to learn Spanish while having tons of fun? Bring your child to our Spanish Club! Every class is a different activity to improve your child's skills, such as sports, arts, crafts, music, games, movies and more. Kids can express themselves in different ways and, at the same time, they learn Spanish. With our language immersion technique, children will learn Spanish in a natural way by talking and listening to the language. Give your child the lifelong advantage of speaking a second language.

DATES	COURSE ID
January 8 – 31	8734
February 5 – 28	8735
March 5 – 28 (no club 19th & 21st)	8736
April 2 – 30	8737

DAYS	Tuesdays & Thursdays
TIME	5:30 – 6:30pm
LOCATION	Valley Junction Activity Center
AGES	3 – 9
FEE	\$100



## Lifeguard Training Course

### PRE-REQUISITES FOR CLASS:

- Minimum age: 15 years
- Swim 300 yards continuously.
- Tread water for 2 minutes using only the legs.
- Complete a timed event within 1 minute, 40 seconds.
- Starting in the water, swim 20 yards.
- Surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object.
- Return to the surface and swim 20 yards on the back to return to the starting point.
- Exit the water without using a ladder or steps.

**Students will do most of the book work at home on a computer.**

CALL **222.3441** FOR  
MORE INFORMATION ON  
LIFEGUARD TRAINING CLASSES.



## Birthday Parties At The Nature Lodge

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us. Our parties include: set up, a reserved space for your event, a party host or hostess, a theme related activity, cake, ice cream, juice, paper goods, and most importantly... the clean up! All parties cost \$150 for the first 12 participants (including the birthday child) and are two hours in

length. An additional fee of \$15 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed. PLEASE NOTE: All party participants must meet the minimum age required for each specific party. To schedule your special date, please call 222-3424.

Reservations must be made at least 2 weeks in advance.

THEME	AGE (of all party participants)
Frozen	5-7
Amazing Animals	5-7
Prehistoric Pals	5-7
Trolls	5-7
Pajama Party	5-7
Star Wars	5-7

*Party themes are effective November 1st.*



# BALLROOM DANCING

## LEVEL I & II

### Absolute Beginner and Beyond Ballroom

This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, Rumba, Tango and Cha Cha. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area.

## LEVEL II AND LEVEL III

### Beyond Beginner Ballroom

This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and technique will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level. PLEASE NOTE! This is a couple's only class.

## LEVEL III AND LEVEL IV

### Intermediate Ballroom

This ballroom class is for anyone who has completed Level 1 and Level 2 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level 1/2 classes. They will then add figures and technique to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Dances not included in Level 1/2 class curriculum will be taught at a beginning level as we introduce new dances to the students. PLEASE NOTE! This is a couple's only class.

## LEVEL I & II

LOCATION	Valley Junction Activity Center			
DATES	DAYS	TIMES	COURSE ID	FEE
January 6 – February 24	Sundays	12:30 – 1:30pm	8493	\$60 per person
March 3 – April 14	Sundays	12:30 – 1:30pm	8495	\$55 per person
January 10 – February 28	Thursdays	6:45 – 7:45pm	8497	\$60 per person
March 7 – April 25	Thursdays	6:45 – 7:45pm	8499	\$60 per person

## LEVEL II & III

DAYS	LOCATION			
Sundays	Valley Junction Activity Center			
DATES	TIMES	COURSE ID	FEE	
January 6 – February 24	1:30 – 2:30pm	8494	\$60 per person	
March 3 – April 14	1:30 – 2:30pm	8491	\$55 per person	

## LEVEL III & IV

DAYS	LOCATION			
Mondays	Valley Junction Activity Center			
DATES	TIMES	COURSE ID	FEE	
January 7 – February 25	6:45 – 7:45pm	8496	\$60 per person	
March 4 – April 22	6:45 – 7:45pm	8492	\$60 per person	

## Variety Dance Classes with Jim and Suzi

### Beginner LEVEL I & II

These courses will teach a single dance for 4 or 5 weeks allowing you to concentrate on that dance alone. These special 4 week courses cost \$70 per couple and are couples only classes. There are 4 courses scheduled from January 13 through May 19. These Level I & II courses are for anyone who is an absolute beginner, or someone who has had some dancing experience either in the dance listed or in other dances. Cost will be listed as \$35 per person but you must join as a couple.

DAYS	Sundays		
TIME	2:30 – 3:30pm		
LOCATION	Valley Junction Activity Center		
FEE	\$35 per person (couples only classes)		
DATES	DANCES	COURSE ID	
January 13 – February 3	East Coast Triple Step Swing	8792	
February 17 – March 10	Polka	8793	
March 24 – April 14	Country Two Step	8794	



## OPEN GYM



### Volleyball Open Gym

Bring your friends for an exercise filled evening of recreational volleyball.

DAYS	Tuesdays
TIMES	DATES
7:30 – 10pm	November 20, 2018 – February 26, 2019 (Not held 12/25 or 1/1)
LOCATION	Westridge Elementary 5500 EP True Pkwy, WDM
AGES	18+
FEE	\$2 WDM residents \$3 non-residents

### Coed Badminton Open Gym

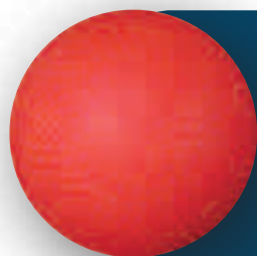
Drop in for pick-up badminton matches.

DAYS	Sundays
DATES	November 4, 2018 – June 30, 2019 (Not held 11/25, 12/23, 12/30 & 4/21)
TIME	2:30 – 5pm
LOCATION	Valley Southwoods School 625 S. 35th Street, WDM
FEE	\$2 WDM residents \$3 non-residents



### ADULT COED KICKBALL LEAGUE SPRING SEASON

Coed Kickball league play this spring at Raccoon River Park Softball Complex. Various leagues will be offered and will start the week of April 23, 2018. Call the Parks & Recreation office at 222-3453 for registration information.



## Basketball Open Gym

Stop by the gym and shoot some baskets or play in a pick-up game of basketball.

DAYS	Mondays
DATES	November 26 – March 4 (Not held 12/24 & 12/31)
TIME	6:30pm – 9pm
AGES	18+
LOCATION	Westridge Elementary 5500 EP True Pkwy., WDM
FEE	\$2 WDM residents \$3 non-residents

DAYS	Saturdays
DATES	December 1 – March 2 (Not held 12/22 & 12/29)
TIME	1pm – 4pm
AGES	18+
LOCATION	Hillside Elementary 713 8th Street, WDM
FEE	\$2 WDM residents \$3 non-residents

## ADULT SPORTS

### “The Finals” Men’s Basketball Tournament

West Des Moines Parks and Recreation will again be hosting “The Finals” Men’s 5 on 5 basketball tournament. CASH PRIZES AND TROPHIES IN EACH DIVISION. Please call 222-3444 to have an entry form emailed or sent to you.

DAYS	Friday night – Sunday night
DATES	April 5 – 7, 2019
DIVISIONS	High and Low Power
LOCATIONS	<ul style="list-style-type: none"> <li>Valley High School 3650 Woodland Ave., WDM</li> <li>Valley Southwoods School 625 S. 35th Street, WDM</li> </ul>
FEE	\$106 per team (tax included)
DEADLINE	Monday, March 18 by 4pm



Sponsored by Awards Program Services, Inc.



# ADULT SPORTS

## Adult Mens and Coed Softball Leagues

START DATE	Week of Sunday, April 21, 2019
DAY	LEAGUE
Sunday	Coed Recreation (Levels C – D)
Sunday	Mens Commercial 50+ League
Monday	Mens Recreation Doubleheader
Tuesday	Mens Commercial Doubleheader C
TU & TH AM	Mens Recreation 60+ Drop-In
Wednesday	Mens Commercial Doubleheader D
Wednesday	Coed Recreation Doubleheader
Wednesday	Mens Commercial 50+ "Draft" League
Wednesday	Mens Recreation Doubleheader
Wednesday	Coed Recreation
Thursday	Coed Commercial
Thursday	Mens Recreation Doubleheader
Thursday	Coed Recreation

LOCATION	Raccoon River Softball Complex
AGES	Adults (18 & older and out of high school)
DEADLINE	Thursday, March 21, 2019

The West Des Moines Parks and Recreation Department will begin accepting applications for our upcoming Adult Mens and Coed Softball Leagues starting in February using Team Sideline. For registration information or to be placed on our emailing list, please contact the Parks & Recreation office at 222-3444. Information also will be posted at [www.wdm.iowa.gov/AdultSports](http://www.wdm.iowa.gov/AdultSports) in February.



## Adult Athletic League Team Acceptance Policy

A team admission priority policy was adopted by the WDM Recreation Department in 1992. **It applies to all adult athletic leagues.** The order of priority is as follows:

1st	Returning Teams: Teams who participated in the league the previous season of the current year. (If applicable)
2nd	Returning Teams: Teams who participated in the league the previous year.
3rd	Returning Teams: Teams may be placed in another division at the Department's discretion to equalize competition.
4th	New Teams: Teams that did not participate in the league the previous season or year.
5th	Late Teams: Any team that does not meet the established deadlines set forth by the Department for applications, rosters and fees will be accepted at the Departments discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the City of West Des Moines, in all cases.



## Team Roster Sign Up

### HOW TO ADD YOUR TEAM ROSTER ONLINE

#### Important Notes

- 1) Your organization is using this process for you to register your Team and collect payments.
- 2) Your organization is using this process so you have an easy process to identify what players are on your Team Roster, and, so the organization can track what players are on each team.

### TEAM ROSTER PROCESS

#### 1 Sign In

Click the "Enroll" button for the Program you want to register in. The Site has a secure online process, so when you click the "Enroll" button you will be prompted to Sign In.

- If you are a new user, click the "Not registered? Create a new account" link and follow the steps to sign in.
- If you are not a new user, then sign in. If you do not remember your password, click the "Forgot your password?" link and follow the steps to be emailed your password.

#### 2 Add Items To Your Cart

After you Sign In, you will be on the "Add Items To Your Cart" page. On this page:

- 1) From the "Enrollee" list select your name
- 2) From the "Enrollment Type" list select "General"
- 3) From the "Program" list select the program
- 4) From the "Offering" list select the offering
- 5) Click the "Add Enrollment" button
- 6) Repeat the above steps if you want to choose additional offerings.
- 7) When done, click the "Proceed to Checkout" button.

#### 3 Team Information

On the Team Information page, complete all information, then click the "Done" button at the bottom of the page.

#### 4 Checkout

On the Checkout page, click the Place Order button at the bottom of the page.

#### 5 Manage Rosters

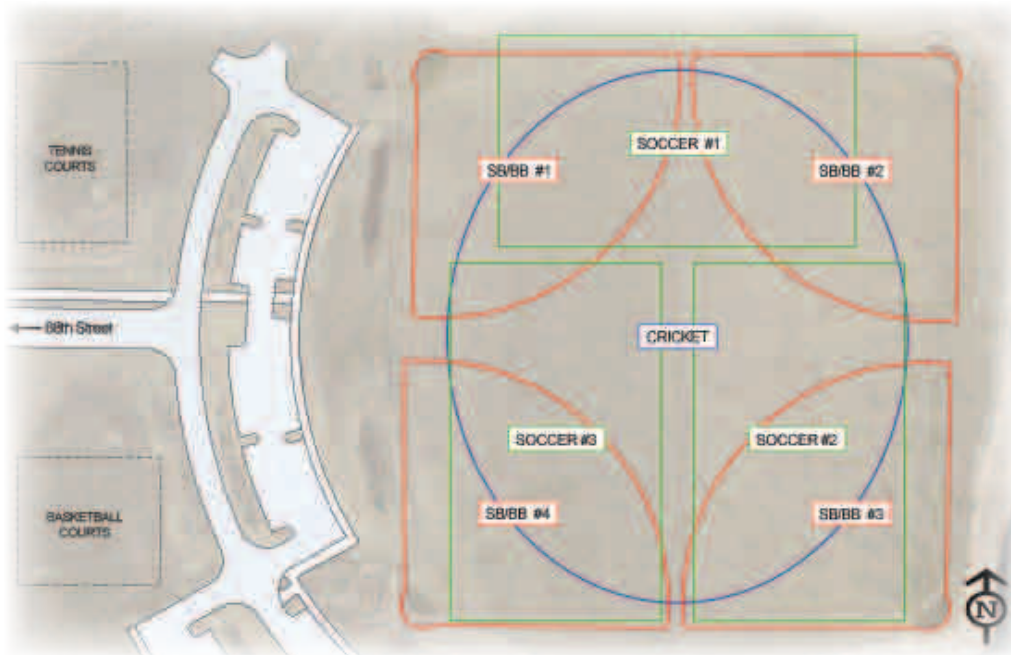
From the order confirmation page, in the top dark blue navigation bar, select "Manage Rosters" and then select your Team Name.

#### Add to Roster

- Click the Add to Roster button to add players to your Roster.
- When done, click the Submit button so the organization administering the web site knows you have completed your Roster.
- Important Note: The organization administering the web site can see which rosters are "Submitted" versus not.

# Valley View Field Reservation

Reservations will be taken starting the first business day of February each year.



## Field Rental Options

Field Type	Rental Season	Days	Hours	Cost to Rent*	Min Hours of Rental
Soccer	Apr 1 – Oct 31	Sun, Mon, Tues, Thur, Fri	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$15 per hour	2 hours
Softball/ Baseball	Apr 1 – Oct 31	Sun, Mon, Tues, Thur, Fri	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$10 per hour	2 hours
Cricket	Apr 1 – Oct 31	Wed, Sat	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$40 per hour	2 hours

\*The above rental fees are for individuals and non-profit organizations. For-profit organizations or businesses will pay two (2) times the above rates. The Department reserves the right to limit the number of reservations that can be made by for-profit organizations or businesses.

To reserve a field online and policy info, visit [www.wdm.iowa.gov/VVFields](http://www.wdm.iowa.gov/VVFields).

## STAY ACTIVE - JOIN A LEAGUE

### Individual Softball, Volleyball, Kickball, Basketball or Flag Football Players

Love softball, volleyball, kickball, basketball or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can go to [www.teamsideline.com/WestDesMoines](http://www.teamsideline.com/WestDesMoines). We can't guarantee you will be placed on a team, but past response has been positive.



## Raccoon River Park Softball Complex Field Rental

If you need a facility to easily handle a very large (25-45 team) tournament or a small group just renting one field for an employee, family or friendly softball outing, West Des Moines Parks and Recreation welcomes and encourages community use of this facility when not in use by league play or previously scheduled tournaments.

Concessions will be opened for use for all rentals guaranteeing at least 12 teams. Field prep of mowing outfields, grooming and lining infields is included in all rental fees. Tax is also included in all rental fees. Deposit must accompany agreement to reserve dates.

### AVAILABILITY

DATES	April 5 – October 28
Friday nights	5 – 10:15pm
Saturdays	8am – 10:15pm
Sundays	8am – 4pm
Weekdays	8am – 4pm

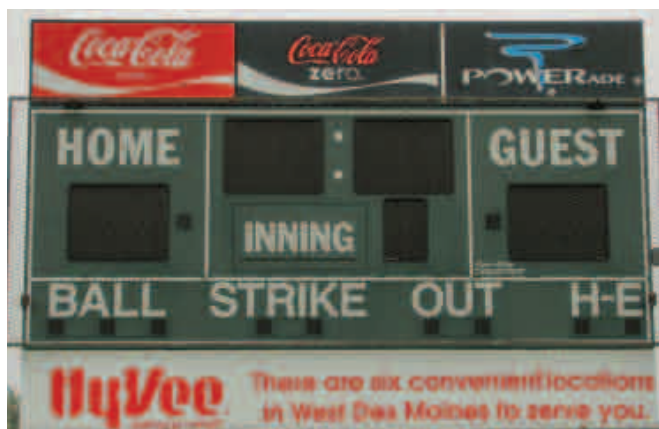
## RENTAL FEES

Damage/Cleaning Deposit	\$500 per weekend	
Scoreboard Controller Deposit	\$10 per field, per day	
FIELD RENTAL FEES	NUMBER OF TEAMS	PRICE PER GAME
Adult Softball Tourney Rental	20+	\$5
Adult Softball Tourney Rental	Less than 20	\$10
Youth Tourney Rental		\$25
Fall Youth Tourney Rental (after September 1)		\$15
Hourly Rental	\$25 per field, per hour	
*Field Light Usage Fees (assessed only for actual use)	\$35 per hour, per field	
Field Equipment Rental Vehicle (Utility Vehicle and/or Field Groomer)	\$50 per day, per vehicle	
Temporary Fence Set Up/Tear Down	\$100 per field	
Merchandise Sales Commission	10% of gross sales	

\* Fridays — FREE Light Fees with Saturday & Sunday Rental

Call 222-3454 or email [Bruce.Mankle@wdm.iowa.gov](mailto:Bruce.Mankle@wdm.iowa.gov) for more information.

# RACCOON RIVER PARK SOFTBALL COMPLEX



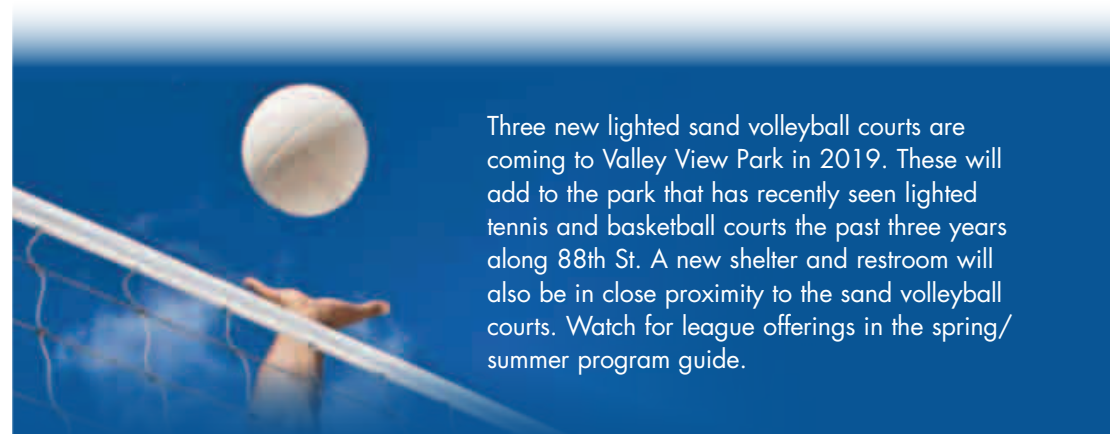
## SCOREBOARD SPONSORS



**SCHEELS**



## Sand Volleyball Leagues – Coming to Valley View Park in 2019!



Three new lighted sand volleyball courts are coming to Valley View Park in 2019. These will add to the park that has recently seen lighted tennis and basketball courts the past three years along 88th St. A new shelter and restroom will also be in close proximity to the sand volleyball courts. Watch for league offerings in the spring/summer program guide.

## Coed Touch Rugby - Adult



Informational meeting/open play will take place on Wednesday, May 29, at 6:15pm. At this meeting we will explain the team organization process and answer questions about the league and allow for open play time. All teams are required to have one woman playing on the field at all times. Please bring a light and dark shirt or reversible jersey. Teams will be determined by ability and teammate preference. There will be a minimum of 10 games played over the five week season. Games last approximately 15 minutes. Babysitters are provided by Des Moines Rugby.

DAYS	Wednesdays
DATES	May 29 – June 26
TIME	6:15pm – 8:45pm
LOCATION	Des Moines Rugby Club 120 39th St. West Des Moines
FEE	\$40
COURSE ID	8536

Adult Craft Craze!

Are you looking to get out of the house and get those creative juices flowing? If so, you may want to sign up for an adult craft craze class. During each class you will leave with a finished or nearly finished item great for decorating or to give as gifts!

DAY/DATE	CRAFT	COURSE ID
Tuesday December 11	<b>Lavender Bath Bombs</b> These bath bombs would make a perfect gift for the Holiday season. They smell great, are easy to make and who doesn't like to receive a "homemade" gift from someone they love?	8538
Thursday February 21	<b>Reuseable T-shirt Vegetable Bag</b> Make something old into something new! These grocery bags are easy to make and provide an attractive alternative to plastic bags. We will have some old t-shirts available, but you may bring your own if you are looking for a special look or color. Come join the fun!	8537
Thursday March 28	<b>Retro Necklace</b> These retro necklaces are just the thing to get you in a spring mood! Come see what you can create with some paper, washers and string! We might get adventuresome and try marbling some washers with nail polish!	8539
TIME	9:30 – 11am (Coffee will be served)	
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$10 per class	



REGISTRATION  
STARTS:  
November 13  
DAY TRIPS

Spring Mystery Trip

Jump on board the mystery bus for an adventurous day full of surprises! You should come prepared for both indoor and outdoor activities since our destination will not be revealed. Please be sure to dress casual and comfortable. This trip will include your lunch, and any admissions to destinations we may visit.

DATE	April 18
DAY	Thursday
TIME	7:30am – 5:30pm
FEE	\$72
REGISTER BY	April 4
COURSE ID	8553



DAY TRIP INFORMATION

These trips generally fill quickly, so please register early. The date listed is a registration cut-off date and not a guarantee that seats will be available until the date listed. Space is limited to 50 people. All day trips are open to people 55 years old and over. All trips depart from the southeast corner of the Valley West Mall parking lot.

# REGISTRATION STARTS:

## November 13

### DAY TRIPS

#### "The Church Basement Ladies" at the Old Creamery Theatre

The "original installment" returns! The church basement kitchen throughout much of America is often the heart and sound of any church. In "Church Basement Ladies" we meet the pastor, three main kitchen cooks and one daughter who run the kitchen and care for the congregation by preparing and serving the food. Like any great kitchen, problems are solved here as well. We see the four women handle a Lutefisk Dinner, a funeral, an Easter fundraiser and of course, a wedding. Lunch is included at the famous Ox Yoke Inn where food is served "family style." There will also be free time for shopping...making it a wonderful day in the Amana Colonies!



DATE	May 8
DAY	Wednesday
TIME	8am – 7pm
LOCATION	Amana Colonies
FEE	\$79
REGISTER BY	April 24
COURSE ID	8554

#### DAY TRIP INFORMATION

These trips generally fill quickly, so please register early. The date listed is a registration cut-off date and not a guarantee that seats will be available until the date listed. Space is limited to 50 people. All day trips are open to people 55 years old and over. All trips depart from the southeast corner of the Valley West Mall parking lot.

Questions Please call **222.3444**

#### Account Primary Contact

First Name	Last Name
Birthdate	Phone
Mailing Street Address	Email
City, State, Zip	Card number / exp. date
CVC	Visa, Mastercard, or Discover (Circle one)

WDM Parks & Recreation registration form

#### WDM Parks & Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks & Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant First Name	Participant Last Name	Birthdate	Activity	Course ID	Fee

Please make checks payable to the City of West Des Moines

**MAIL** to: WDM Parks & Recreation • P.O. Box 65320 • West Des Moines, IA 50265

**DROP OFF** this form with your payment at the Parks & Recreation Administration Office  
4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with your mobile  
device to see our website

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# ADD<sup>+</sup> MORE LIFE TO YOUR LIFE!

City of West Des Moines

